



CABRINI FOUNDATION

IMPACT

Report
2022

Message

FROM THE CHIEF EXECUTIVE AND DIRECTOR

We would like to thank every member of our Cabrini Foundation community for your extraordinary generosity over the last year. Your support continues to ensure better health outcomes for Cabrini patients, through best practice healthcare, the latest equipment, technology and facilities and our growing medical research programs.

2022 has been an inspiring year for philanthropy at Cabrini. As the first ever private women’s only mental health centre in Australia, the Lisa Thurin Women’s Health Centre recently achieved its first year in operation. We are indebted to the Gandel Foundation for their vision and investment in this centre, as Cabrini is now providing specialised support to a growing number of women in this nurturing, dedicated environment. This year we saw the power of bequest donations to invest in long term cancer research and new initiatives to support Dementia patients being cared for at Cabrini.

Cabrini Health has been providing high quality, compassionate care for seventy five years. We have always prided ourselves on our strong links to the community we serve and the delivery of the care that this entails. Increasing clinical demand and ageing infrastructure means we must redevelop Cabrini Malvern to meet the standard created by the Gandel Wing. The redevelopment is a strong investment in the future of healthcare by increasing Cabrini’s capacity, strengthening capability and future-proofing the hospital to continue to look after you and your loved ones.



Sue Williams
Chief Executive, Cabrini Australia



Megan Potter
Director, Cabrini Foundation

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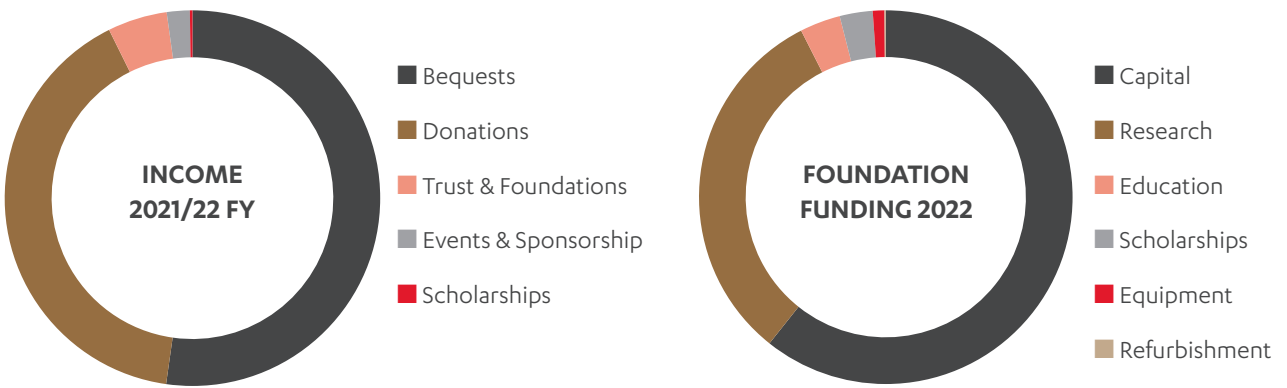
We are thankful to the members of the Cabrini Foundation Board who helped guide us through another challenging year.

- Ms Sylvia Falzon, Chairman
- Ms Sue Williams
- Prof Mark Frydenberg AM
- Mr Francis Galbally
- Ms Di McDonald
- Mr Paul Holyoake

Thank you

Thank you for your meaningful support - you’ve saved lives. You’ve ensured every patient has access to the best medical care and the latest technology, from a team of leading specialists and nurses, provided with the greatest warmth and compassion. We could not do this without you.

During 2021-2022, Cabrini Foundation received more than \$11.8M in philanthropic support. These critical funds provided for life-saving equipment and technology and enabled us to improve facilities, conduct world-class research, provide the very best in care, professional education scholarships and innovative programs. This was only made possible by your generosity and continued support during another challenging year for our community.



2021-22 FINANCIAL YEAR

	Number of donors	3039
	Number of gifts	7151
	Oldest donor age	101
	Most donations by one person	27
	Number of bequests	13

A YEAR AT CABRINI

Every year, Cabrini provides:

	86,780 episodes of inpatient care
	25,180 day cases
	49,013 surgeries performed
	42,814 attendances to our Emergency Department
	23,040 day oncology patient treatments
	2,061 babies delivered

WHY RESEARCH

Matters

AN INTERVIEW WITH FIONA GEMINDER

Director, Pratt Foundation



Q *We are humbled and so deeply grateful for the generous gift you have given to Cabrini toward Prostate Cancer research which will impact so many future lives. Tell us about what motivated you to support medical research?*

A The Pratt family foundation has a very long tradition of support for medical research in areas including mental health, children's health and women's health to name just a few. But prostate cancer research is something that is very close to all of us. My father Richard, died of Prostate Cancer at only 74, 13 years ago, and not a day goes past that we all don't wish he was still with us. He may well have still been here if there were more effective preventatives and treatments and so we hope that this grant of \$600,000 over the next four years, might help some families enjoy more time with their loved ones than what might otherwise have been the case.

Q *The legacy of your late father, Richard Pratt AC, is one of great vision and courage, successful business acumen and leadership philanthropy. The research that will be headed up by Prof. Mark Frydenberg AM and the Cabrini Research division will drive breakthroughs in prostate cancer research and will impact thousands of Cabrini patients for years to come and save lives. What do you think your father would say about your investment in this important area?*

A Dad was very close to Mark and was always grateful for his involvement. But to be frank, I think Mark would agree Dad was not the best of patients. In fact, you could say he was more of an 'IMpatient' than an 'INpatient' if you know what I mean. He always left things too long before seeking attention and he always prioritised other things ahead of his health. In the end that was to his detriment and ultimately made him harder to treat. It meant that we lost him too soon. So I think Dad would probably say; "Well Mark, it's too late for me, but anything you can do to extend lives and save lives and help more men enjoy more quality time with their families is a good thing by me. But make sure you put the money to good use, 'cos I'll be watching."

This year has probably been the most challenging in the era of COVID-19. The prolongation of the pandemic has challenged and, in many cases, exceeded the capacity of hospitals worldwide. Despite this, the staff of Cabrini Research have been able to maintain their anticipated research output.

There are currently more than 330 active research projects being carried out by Cabrini Research. We have created nine research themes – cancer, cardiovascular disease, critical care medicine, health informatics, health services, mental health, musculoskeletal health, precision medicine and translational research.

At Cabrini Research, we are striving to be a leader in research which improves patient outcomes, healthcare practices and healthcare sustainability worldwide. We are embarking on new and ambitious research programs aligned to our clinical services and we maintain our continued pursuit to make ground-breaking discoveries.

We continue to develop our strategic partnerships with Monash Research, MonashHeart, Alfred Health, the Peter MacCallum Cancer Centre and the Garvan Institute of Medical Research, among others.

We are deeply grateful to all our amazing supporters who enable Cabrini to remain at the forefront in medical research. On behalf of every patient past, present and future you will impact: thank you.



Gary Richardson OAM MBBS FRACP
Group Director, Cabrini Research
Neil Beaglehall Endowed Chair:
Director of Medical Oncology
Research
Professor of Medicine,
Monash University

Q *Philanthropy and family are clearly both important to you, as you continue to set an incredible example for your children and community. What role do you see philanthropy having on future generations and how important is it to you that this legacy continues?*

A My parents always used to say they learned philanthropy in the house of their parents. My sister Heloise, brother Anthony and I certainly learned it in the house of OUR parents. Now that we all have children of our own - some of them approaching 30 – we are showing them how we have taken the example of previous generations and implemented in our own way. I think we all hope that our children will put their own stamp on it too. Personally speaking, Ruffy and I talk to our kids a lot about business, philanthropy and their role and obligations in the community and they are definitely going to be carrying the tradition on. It's the glue that binds us together. My father was very specific in his Will that the Pratt Foundation continue its tradition of giving and I think we are all well aware of it.

So do I think it's important that the tradition of philanthropy continues? Yes, absolutely. But it's also important that it evolves and adapts, and that each generation applies it in their own way and not to some rigid formula laid down decades or more ago.

Q *Here at Cabrini we strive to ensure every patient receives the best in care, in the best facilities, by the best specialists, with the greatest compassion. With your support, the new research being undertaken will increase future patients' prognoses. Would you like to share your experience of the care Richard received at Cabrini and how we can strengthen community connection for the future?*

A I know without a doubt that Dad had the best possible care he could have had here at Cabrini. Notwithstanding my comments earlier about him always being impatient, I know that, just as he did in business and in everything else in his life, he could seek out and access the best in the world in any field at all. He could have chosen to be treated in New York or Switzerland or wherever, but he knew there was none better than Mark and the team here at Cabrini. He was never anything but appreciative of Mark and the team and everyone here.

As to suggestions about strengthening community connections I would only say: keep doing what you're doing.

"People hold Cabrini and its people in the highest of esteem and that's down to two things: the quality and dedication of Cabrini and the quality and dedication of its people." Fiona Geminder

CARDIAC REHAB

Upgrade

Cabrini Elsternwick offers a dedicated Cardiac Rehabilitation program for patients who have experienced a cardiac event or diagnosis.

We recently received a generous donation from the McArthur Foundation to refurbish the facility with state-of-the-art equipment to ensure our patients receive personalised rehabilitation treatment during their care plan. The impact of this gift is significant and will enable Cabrini Elsternwick to continue to offer multiple rehabilitation sessions weekly under direct supervision of the nurses and physiotherapists, with the most up-to-date equipment required.

With the McArthur Foundation's support, we are upgrading the cardiac rehab gym and purchasing new exercise bikes and walking machines.



To further maximise cardiac patient recovery, the education program room where a custom education program is delivered is also being upgraded. The patient education program teaches healthy eating, returning to activity,

understanding normal emotional responses, diabetes, the heart and planning for the future. These programs are vital to equip patients with the tools necessary to return to everyday life after cardiac and pulmonary episodes.

With thanks to the McArthur Foundation's philanthropic support, the rehabilitation staff are able to offer this program to a larger number of patients per week and promote health and wellness tools on how to navigate a life after cardiac health complications in better facilities.



LISA THURIN WOMEN'S HEALTH CENTRE – ONE YEAR ON

The Lisa Thurin Women's Health Centre was created to meet an unmet need: more than ever, since the onset of the COVID-19 pandemic, mental health services in Victoria have reported a significant increase in women presenting with serious mental health issues. Inspired by Cabrini's core values of respect, integrity and commitment to care for the vulnerable, the Lisa Thurin Women's Health Centre is providing a safe haven for women to receive quality, compassionate care.

As Australia's first dedicated women's only mental health service, the Lisa Thurin Women's Health Centre accepted its first patient on 6 September 2021. The development of the service arose out of an increasing awareness and recognition, both clinically and from evidence-based research, that women have specific needs in relation to optimising delivery of care for mental illness. After its first 12 months in operation, the Centre continues to be inundated with increased demand as the service becomes more widely known in the community.

Our belief is that women experiencing acute phases of mental illness have an effective response to treatment, higher quality outcomes and better overall wellbeing when they receive treatment in a women's-only facility, with treatments and programs that are individualised to the needs of women and the characteristics of the illness that is specific to women. Our care is at all times patient-centred, recovery-focused and trauma-informed.

We have provided inpatient services to over 200 patients to date, with the average length of stay being 11.55 days. Without the Lisa Thurin Women's Health Centre service, these women would have had to receive mental health services from mixed gender facilities or in some cases no treatment at all.

The Centre has seen women from across the age range, with the average being 40.7 years. Women live across many municipalities, interstate (Perth, NSW) and even one patient from New Zealand.



The Lisa Thurin Women's Health Centre and the nursing team, led by Nurse Manager Jess Duda (right).

In addition to providing the best possible care, tailored to the needs of women, the Lisa Thurin Women's Health Centre will conduct and support cutting-edge research in partnership with the Monash University Department of Psychiatry – Central's HER Centre Australia.

Thank you Lisa Thurin and the Gandel Foundation for your extraordinary support and belief in the importance of women's health and wellbeing – **you have created a safe haven for women to thrive.**

2022 LET'S BEAT BOWEL CANCER GOLF CLASSIC

The Let's Beat Bowel Cancer (LBBC) Golf Classic is an immensely popular golf day, the cornerstone of Let's Beat Bowel Cancer's annual fundraising efforts. Played at Melbourne's impeccable Kingston Heath Golf Club our guests are assured of an outstanding 18 holes of golf at this premier course coupled with exceptional hospitality. We curate this exclusive experience for all our sponsor teams whilst raising vital funds for the research work of Let's Beat Bowel Cancer.

Let's Beat Bowel Cancer is a not-for-profit initiative of Cabrini Health. LBBC aims to significantly lower incidence, and deaths, and improve quality of life for bowel cancer patients through awareness, research and medical advances. As one of Australia's largest bowel cancer treatment centres, Cabrini and LBBC continue to play a significant role in the frontline battle to beat this disease.

Over the last 18 years of successful annual LBBC Golf Classic days, over \$6M has been raised.



The 2022 Golf Day raised an incredible \$300,000 in vital funds to support our early intervention and research programs and we are so grateful to our many generous and loyal sponsors.

Special thanks to our Platinum Partners, Natural Selection Group and The Deague Group for your outstanding support and to all our wonderful Gold and Silver sponsors for your loyalty and ongoing commitment to LBBC.

PLATINUM SPONSORS

DEAGUE GROUP
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GOLD SPONSORS



DA VINCI ROBOT LEADING SURGERY

In 2019, Cabrini only had one surgical robot which was eight years old, the machine had been superseded and it was nearing its useful life. Thanks to a generous gift from Di and Neville Bertalli, we were able to purchase a new Da Vinci Robot which has enabled Cabrini to become one of the leaders of robotic surgery in Victoria.

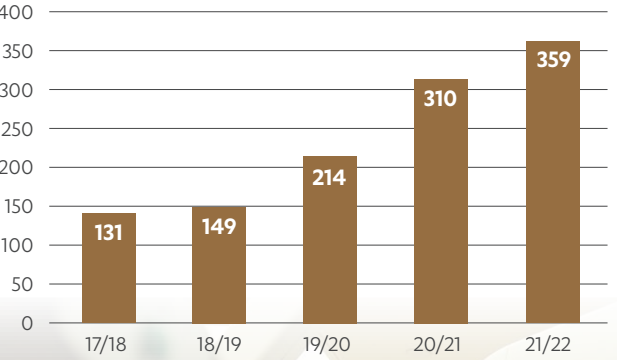
This advanced robotic surgical platform now allows us to provide minimally invasive surgery for Cabrini's urological, gynaecological, general surgical, colorectal and thoracic patients undergoing complex procedures. The most common diagnoses for which the Robot is used include prostate cancer, kidney cancer, uterine cancer, obesity and hernia repair.

Despite the impact on surgery due to COVID restrictions, the use of the robot has increased year on year since its arrival at Cabrini.

Surgery using the Da Vinci Robot provides many benefits for our patients when compared to open surgery:

- Shorter stays in hospitals
- Reduce pain and discomfort
- Faster recovery time and return to normal activities
- Smaller incisions resulting in reduced risk of infection and minimal scarring
- Reduced blood loss and transfusions.

ROBOTIC SURGERY PATIENTS



On behalf of the doctors, nurses, patients, researchers, volunteers and staff, we sincerely thank Di and Neville Bertalli and family for your leadership in philanthropy that is enabling Cabrini to provide the best level of patient treatment and care now, and for the future.

Below: Assoc Prof Daniel Moon, undertaking a radical prostatectomy using the robotic system.



GIFTS IN WILLS & *Living Legacies*

We are humbled and so deeply grateful for the extraordinary gifts John Graham has given to Cabrini.

When John Graham received an unexpected gift from his late sister's estate, he knew he wanted to do something special to honour the two people he loved most and help Cabrini's most vulnerable patients.

Motivated by the extraordinary care and dedication his late partner Kevin O'Neill received at Cabrini, John decided to put in place two lasting legacies that would give back to others for decades to come.

Kevin O'Neill was a society florist and both John and Kevin shared a lifelong passion for the arts. By creating the Kevin O'Neill and John Graham Creative Arts Program, he has ensured cancer and palliative care patients will always have access to the therapeutic benefits of music and art therapy to help them manage their illness and anxiety.

"I thought I'd like his name to be connected in some way with good works at Cabrini... I wanted to do something while I was alive," John said.

John also found a way to keep his dear sister's memory alive. A former nurse herself, Margie Hunsicker had cared for her husband Robert while living with dementia and she eventually succumbed to dementia herself. Through his living bequest, John established the Margie Hunsicker Endowment Fund to support a newly created position dedicated to dementia care at Cabrini.

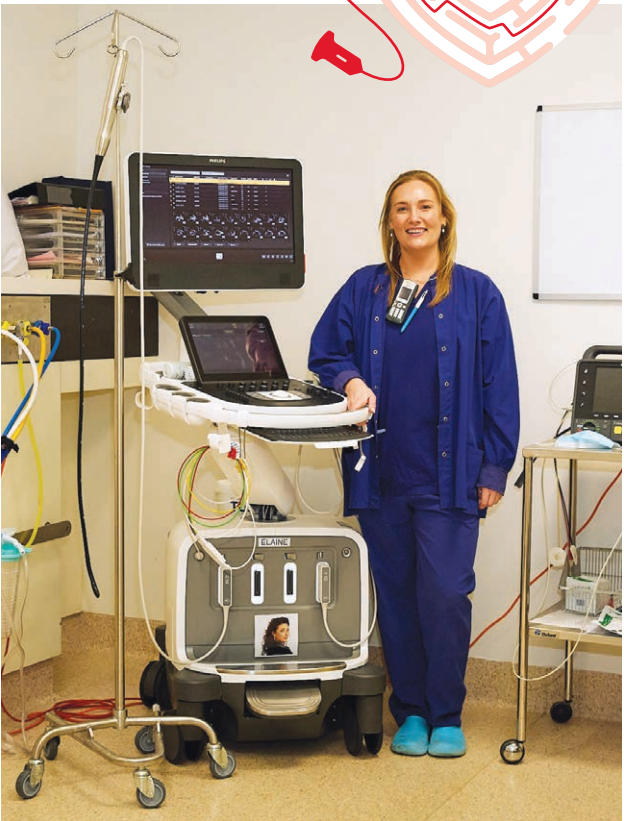
In January 2023 Cabrini appointed the inaugural Margie Hunsicker Dementia Clinical Support Nurse to provide cognitive impairment education and specialised care to those who need it most.

"I wanted to give something to others who experience that very difficult path," John said. "The decline of somebody with dementia needs a particular care and that's why I'm very happy to be involved with supporting Cabrini in this way."

Thank you John for your great vision and compassion: these gifts will give back to thousands of Cabrini patients for years to come.



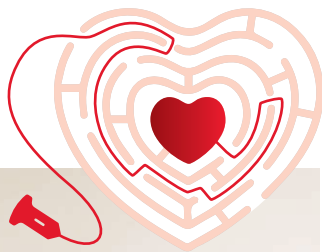
You got to the heart of the problem



Members of the Cabrini community came together to generously support our fundraising appeal for the purchase of the Transoesophageal Echocardiogram (TOE) probe. Thank you for your incredible support - your donations enabled Cabrini to purchase two TOE ultrasound machines. A special mention to loyal Cabrini Foundation supporter Charles Tegner for his generosity.

With the **two new TOE probes** available for doctors, it has helped stop delays in care. They are used more than 10 times every single day for a wide range of cardiac procedures in both the operating theatres and cardiac catheter labs, as well as for heart function testing during diagnosis of cardiac disease.

Without these probes our cardiac surgeons performing open heart surgery would be unable to examine heart functionality during the procedure. This results in fewer complications, shorter hospital stays and more lives saved.



OUR GENEROUS

Community

You helped men with urological cancers



Our generous community multiplied the impact of your support for men with urological cancers. With your help, we can purchase the much needed state-of-the-art intraoperative ultrasound and be gifted a second one for free! It's a life-changing machine that is vital during biopsies for suspected urological cancers, particularly prostate and kidney cancers.

Cabrini diagnoses more prostate cancer than any other hospital in Victoria. That's thousands of biopsies every year. This machine will be used on every single one.



"I am so grateful for the overwhelming generosity and support that you have shown Cabrini, and the community we serve. I am humbled by the investment each and every one of you have made in the care and support we provide to you, your family, friends and the wider community."

Professor Mark Frydenberg,
Academic Director of Urology

You made women with breast cancer feel whole again

Once again, our community came together in support of women with breast cancer. With your help, we can purchase a new state-of-the-art Samson Nouvag Liposurg machine that is invaluable during breast reconstruction surgery.

Thanks to you, together we can ensure the immediate and ongoing psychological benefits to patients who have been through something as life-altering as breast cancer, and make women feel whole again.



HELP US MAKE A DIFFERENCE!

I want to help Cabrini provide the best possible care

Details

Title First name

Surname

Address

State Postcode

Phone

Email

Date of birth

Please tick ✓

Please accept my donation of

☐ \$50 ☐ \$150 ☐ \$500 ☐ \$1000 ☐ My choice \$

I would like to support

- ☐ Cabrini Malvern ☐ Cabrini Brighton
☐ Cabrini Palliative Care ☐ Cabrini Rehabilitation
☐ Education ☐ Research
☐ Other (Please state)

Please find enclosed my

- ☐ Cheque (payable to Cabrini Foundation)
☐ Money Order

Or debit my credit card

- ☐ Visa ☐ Mastercard ☐ Amex

Card number

Expiry / /

Cardholder name

Signature

Donations of \$2 or more are tax deductible

Please send me more information on

- ☐ Making a regular gift by direct debit
☐ Leaving a bequest to Cabrini in my Will

Cabrini respects your privacy

- ☐ Please tick this box if you do not wish to receive further mailings from us

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 **Cabrin**
Gandel Wing



75 YEARS OF CARE
FROM THE
heart
1948-2023

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