



CABRINI FOUNDATION

Impact Report

2021



MESSAGE FROM THE CHIEF EXECUTIVE AND DIRECTOR



Sue Williams
Chief Executive,
Cabrini Australia



Megan Potter
Director, Cabrini
Foundation

2021 was again dominated by COVID-19. Cabrini continued to provide much needed care and support to the community during the pandemic while also investing in ambitious plans for the future.

As you will read in this report, the generosity of our supporters and donors funded new initiatives in 2021, including the launch of Phase 1 of the Cabrini Cancer Institute, the opening of the new Lisa Thurin Women's Mental Health Centre, new technology for the treatment of Parkinson's disease and virtual reality technology that is helping children during medical treatment. Without your donations to Cabrini Foundation, vital projects such as these would not be possible, and for this we say thank you.

We also remain focused on ensuring we can continue to provide the care our community needs into the future, with a new master plan being finalised to pave the way for Cabrini Health during the next 10 years. We look forward to sharing these exciting plans with you during 2022 and hope you will share in our vision for continued excellence and care for all patients and their families.

TABLE OF CONTENTS

Chief Executive and Director message	2
Thank you	3
Why research matters	4
Improved treatment for Parkinson's patients	5
Cabrini Cancer Exercise and Wellness Centre – personalised care for cancer patients	6
Lisa Thurin Women's Health Centre	7
Workday saving lives	8
Auric Innovation Grant	8
Muriel helps train Cabrini ED staff	9
Smileyscopes	10
Peter Greenham's story	11

We are thankful to the members of the Cabrini Foundation Board who helped guide us through another particularly challenging year.

Ms Sylvia Falzon, Chairman

Mr Paul Holyoake

Professor Mark Frydenberg AM

Mr Francis Galbally

Ms Di McDonald

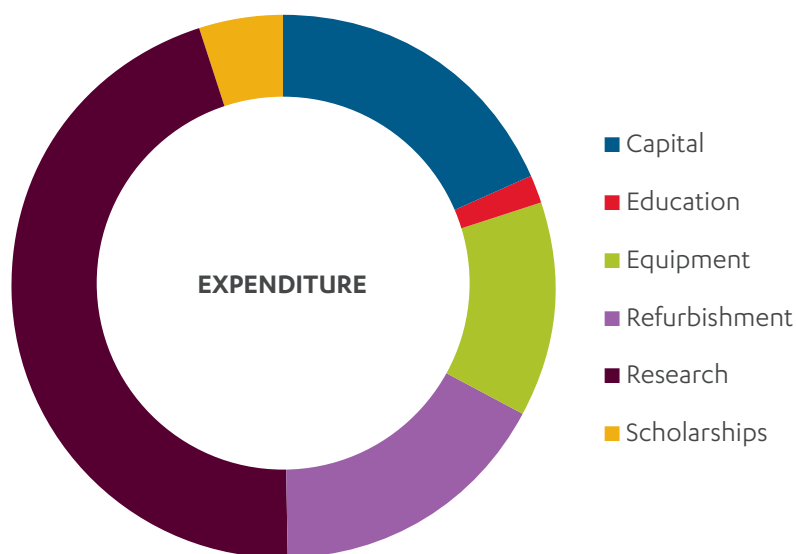
Ms Sue Williams

THANK YOU

During the 2020-21 financial year, Cabrini Foundation received \$14 million in philanthropic support from individuals, foundations, corporates and bequests. We are extremely grateful for all the support we received, which is improving the care we provide to our community.

During 2021, philanthropic support funded life-saving equipment and technology and enabled us to improve facilities, conduct world-class research, and provide education and scholarships to enhance staff knowledge. This was only made possible by the generosity of our donors who continued to support us during one of the most challenging years for our community.

20/21 FY INCOME	\$
Capital	2,382,449
Donations	3,296,458
Events	56,910
Bequests	6,561,279
Trusts & Foundations	1,556,026
Scholarships	146,878
GRAND TOTAL	14,000,000



L-R: Cabrini Foundation Team; Susie Santilli, Carmen Covalschi, Natalie Sikora, Rebecca Staple, Melissa Galbraith, Catherine McElhone, Peter Mercer, Megan Potter and Priyanka Willis

WHY RESEARCH MATTERS

Cabrini Research aims to improve healthcare through research. Despite the impact of COVID-19, Cabrini retained an active research portfolio of more than 350 projects operational since the beginning of 2021.

Being the second largest cancer service provider in Victoria, and the largest private provider of cancer services in Australia, creates enormous potential in the cancer research field. Cabrini's cancer research program spans medical oncology clinical trials, new biomarker and molecular target discovery research, surgery, radiation, cancer exercise research, psycho-oncology, palliative care, nursing, healthcare informatics and digital health technology.

Our clinical trials program includes all major cancer types including breast, ovarian, lung, pancreatic, colorectal, haematological, gastrointestinal, genitourinary and melanoma.

Cabrini initiated 20 new clinical trials last year, with a substantial number being 'first-in-patient' trials. Our vision is to exponentially expand the number of clinical trials in the future.

Research is made possible with the support of Cabrini Foundation donors.



"Better clinical research equals better clinical treatment, which equals better patient outcomes."

*Professor Gary Richardson OAM,
Group Director Cabrini Research*



Dr Rebekah Engel, Senior Research Fellow

IMPROVED TREATMENT FOR PARKINSON'S PATIENTS



Associate Professor Wesley Thevathasan, Neurologist; Mr Kristian Bulluss, Neurosurgeon; and Cabrini surgical team

Neurologist, Associate Professor Wesley Thevathasan and Neurosurgeon, Mr Kristian Bullus, have been conducting incredibly advanced brain surgery at Cabrini for the past eight years, but patients have been required to be awake during surgery.

This year, thanks to the generosity of Cabrini Foundation supporters, the mobile AIRO CT scanner was purchased for use in deep brain stimulation surgery. This new equipment enables the patient's brain to be imaged in real-time during surgery to ensure the placement of the electrodes are within the 1-2mm accuracy required.

A/Prof Thevathasan said that for a vast number of patients, deep brain stimulation is "an absolutely life-changing, function-restoring gift".



"From the patient perspective, the new equipment not only means a shorter operation and better outcomes, it provides a far more comfortable experience as they are fully anaesthetised," said A/Prof Thevathasan.

CABRINI CANCER EXERCISE AND WELLNESS CENTRE – PERSONALISED CARE FOR CANCER PATIENTS



The Hon Kelly O'Dwyer; Dr Katie Allen, Member for Higgins; The Hon Greg Hunt, Minister of Health and Aged Care; Sue Williams, Chief Executive, Cabrini Australia and Professor Gary Richardson OAM, Group Director Cabrini Research.

Cancer patients are receiving multidisciplinary and comprehensive care at Cabrini's new Cancer Exercise and Wellness Centre aimed at improving health outcomes for patients, thanks to the support of our donors.

The state-of-the-art exercise research facility enables Cabrini to better understand how to integrate exercise into every cancer patient's treatment.

The Wellness Coordinator roles were made possible through the generosity of Cabrini Foundation donors Ann and Rodney Smorgon, in gratitude to Cabrini for the care they received.

Associate Professor Melita Kenealy, Ann Smorgon's treating Cabrini oncologist, said: "We are so grateful to Ann and Rodney for their leadership and for their support of the two Wellness Coordinator roles in the Centre".

The centre is phase one of a two-part project to create the Cabrini Cancer Institute, and a step further in the development of cancer research at Cabrini.



Rodney and Ann Smorgon and Associate Professor Melita Kenealy

"The Cabrini Cancer Exercise and Wellness Centre has had a positive impact on our patients mental and physical wellbeing - hearing patients exercising in the gym, chatting over a coffee in our lounge and walking into the centre laughing with a new friend, is heartening," said Samantha Viti, Cabrini Cancer Institute Exercise & Wellness Centre Coordinator.

In the last 6 months of 2021

393 sessions were provided

342 patients attended the Wellness Centre

53 telehealth consultations were provided

LISA THURIN WOMEN'S HEALTH CENTRE



Sue Williams, Chief Executive, Cabrini Australia; Sharon Sherwood, Chief of Mental Health and Cabrini Outreach; Professor Jayashri Kulkarni AM FAHMS, Director, Lisa Thurin Women's Health Centre; Lisa Thurin, Director, Gandel Foundation; and Sylvia Falzon, Chairman, Cabrini Australia.

In September 2021, Cabrini opened Australia's first private women's-only mental health hospital at Cabrini Elsternwick.

The Lisa Thurin Women's Health Centre aims to support women in their recovery from mental health conditions including mood disorders, anxiety, complex trauma and addiction.

Sue Williams, Chief Executive, Cabrini Australia, says opening the Lisa Thurin Women's Health Centre was an important step in meeting a gap in services available for women.

"The COVID-19 pandemic has contributed to an extraordinary increase in the incidence of mental health problems," Ms Williams said. "We already know women are twice as likely to have anxiety or depression and two times more likely to experience post-traumatic stress disorder and a range of issues, so we believe this is a very important service."

The support of Lisa Thurin and Gandel Foundation was essential in establishing this important new facility where women can feel safe and supported as they deal with their mental health and wellbeing needs.

"I feel that through the Lisa Thurin Women's Health Centre, Cabrini will realise the unique opportunity to help women with their distinct and specific mental health needs in a nurturing, safe and secure environment," said Mrs Thurin.



Sylvia Falzon Chairman, Cabrini Australia; The Honourable Linda Dessau AC, Governor of Victoria; Lisa Thurin, Director, Gandel Foundation; Steve Dimopoulos MP, State Member for Oakleigh and Parliamentary Secretary for Mental Health; Sue Williams, Chief Executive, Cabrini Australia.

WORKDAY SAVING LIVES

An auction fundraiser by Workday ANZ, in memory of a much-loved workmate, is helping the fight against bowel cancer.



Mr James Hayne

James Hayne was diagnosed with bowel cancer at the end of 2020, and was the first to suggest raising funds for Cabrini's Let's Beat Bowel Cancer (LBBC) critical research programs. He was passionate about raising awareness of bowel cancer, to help others, while he was fighting the disease himself.

Sadly, James who passed away in 2021, could not be part of the 15 July fundraiser. But his workmates raised \$14,000 from donated auction items, raffle tickets and pledges. Workday's Giving and Doing Foundation also matched all Workday team member contributions, almost doubling the amount, in honour of his memory.

It's because of donations made to LBBC – for public awareness, research and medical advances - that Cabrini colorectal surgeon Professor Paul McMurrick can continue to save lives.

AURIC INNOVATION GRANT

Established in 2019 by philanthropists Mrs Lee and Mr Brian Johnstone, the Auric Innovation Grant is designed to foster a culture of innovation throughout Cabrini to improve patient and staff experience. The major grant is awarded annually to a staff member with a big idea to improve the organisation and the service we provide.

In June 2021, the Auric Innovation Grant was awarded to Josh Farrington from Cabrini Technology Group, who has developed a software platform called eCaptis.

This digital health-based questionnaire enables patients to provide direct feedback to their treating clinician about their health-related outcomes and patient experience. eCaptis digitally schedules, captures and reports patient-reported outcome measures (PROMs) providing benefits to both the patient and the clinicians using the new technology.

The grant will enable two pilot programs over the next 12 months to improve the software platform and enable a roll-out across more areas of Cabrini.



Lee and Brian Johnstone

MURIEL HELPS TRAIN CABRINI STAFF



A life-sized anatomical human model is being used to provide up-to-date life support training to Emergency Department (ED) staff, thanks to a Cabrini Foundation donor.

The realistic manikin named 'Muriel', was used as a platform to launch a new simulation program in ED, which did not exist previously.

The program, which commenced in March 2021, enabled Cabrini to continue training staff throughout the COVID-19 pandemic, when many other courses had been postponed.

Led by ED specialist Dr Brownlee, Cabrini is now running three comprehensive simulation sessions every month, delivering 200 hours of simulation training to more than 100 ED nursing and medical staff. The in-house program offers 32 different simulation scenarios, giving nursing and medical staff vital experience in a wide variety of emergency situations.

"Since 'Muriel' joined the ED, we have run over 30 simulation sessions with over 100 attendees across all staff groups," said Dr Ian Turner, Director of Emergency Medicine. "A simulation program is more than just the manikin, but when the manikin is as life-like as Muriel, simulations become so much more realistic, giving the staff a more authentic training experience."

Funding for the manikin was generously provided by Perry Sambor. Perry's mother, Susi, regularly attended Cabrini's ED and she often felt nervous going in to hospital. By investing in 'Muriel' and the simulation training for nurses and doctors, Perry has contributed to making older patients feel more at ease when they come in for emergency care. The Sambor family has been donating to Cabrini Foundation for more than 20 years and intend to continue supporting us into the future.



Megan Potter, Director, Cabrini Foundation; Dr Drew Brownlee, Cabrini Emergency Physician; and Medical Simulation Lead, Dr Ian Turner, Director of Emergency Medicine; and Perry Sambor.

Dr Ian Turner, Director of Emergency Medicine with Muriel

SMILEYSCOPES

Last year, through a grant via the Pierce Armstrong Foundation five Smileyscopes were funded to ease stress and anxiety for children undergoing medical tests and more recently for COVID vaccinations. Many children have a fear of procedures, but the Smileyscope helps relax and distract patients.

The Smileyscope is a virtual reality headset worn by patients during a needle procedure. The patient is taken on an 'underwater adventure'. The virtual reality experience is choreographed to distract the patient. During the antiseptic clean, waves can be seen and heard in the headset and during the needle insertion, fish gently nibble on the patient's arm.

Clara Officer, Nurse Manager of Cabrini's Paediatric Ward, said: "We have had the Smileyscopes for nearly 12 months and have successfully undertaken many procedures such as Intravenous insertion, dressing change or removal of plaster using the Smileyscopes, which in the past would have required chemical sedation."

The benefits have been seen in not just the paediatric patient, but also in parents and carers, who have reported how grateful they were that their child could have the procedure without medications.



A paediatric patient keeps calm using the Smileyscope

PETER GREENHAM'S STORY



Peter Greenham Sr with
son Peter Greenham Jr

Founding Legacy Will Help Build A Visionary Future

Peter Greenham knew his time was limited, but he wanted to put in place a legacy that would really count. Something that would give back for everything he felt he and his family had received at Cabrini.

Peter contacted us while he was still undergoing treatment at Cabrini for aggressive pancreatic cancer, wanting to do something big that would help others in the future.

At the time Cabrini had pledged to develop one of Australia's leading cancer institutes, and we knew we had our work cut out for us.

A "bricks and mortar man", Peter wanted his legacy built of solid stuff too. For this reason, Peter specified his "living bequest" be used to help build the new Cabrini Cancer Institute, in Coonil Cresnet, Malvern.

The Cabrini Cancer Institute will play a major role in the future of Victorian cancer care, enabling Cabrini to provide our community with access to the best possible treatment.

Cabrini Chief Executive Sue Williams said the Peter Greenham Bequest would play a significant role in helping us achieve this vision, which is now in the planning stages, and Cabrini's masterplan for the future.

"Peter Greenham's wonderful gift will change lives, and we are extremely grateful," said Ms Williams. "It is very humbling when our patients and their families choose to recognise us through a legacy gift to Cabrini Foundation that will benefit people who may need similar care in the future."


Ms Williams said the new Cabrini Cancer Institute's innovative, multi-disciplinary approach to cancer care "will support patients throughout their entire cancer journey, ensuring they are provided holistic care".

"It will also bring together researchers and clinicians allowing them to collaboratively drive research, translate findings into clinical practice and ultimately deliver better health outcome for patients."

Peter Greenham's son, Peter Jr told us his dad was a visionary man who wanted to leave his mark. "He wanted to build something that would be there for generations to come, helping other people in the same situation," he said.

"I'm very proud of what he's done. It's really something for future Greenham's to look back on and say: "look what great-great-grandpa did. I think it's amazing."

Thank you Peter.



VIGIL - The Heart of Cabrini, which stands proudly at the heart of Cabrini Malvern and pays tribute to all those who have contributed to Cabrini Health, was funded by Cabrini Italians of Melbourne.



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