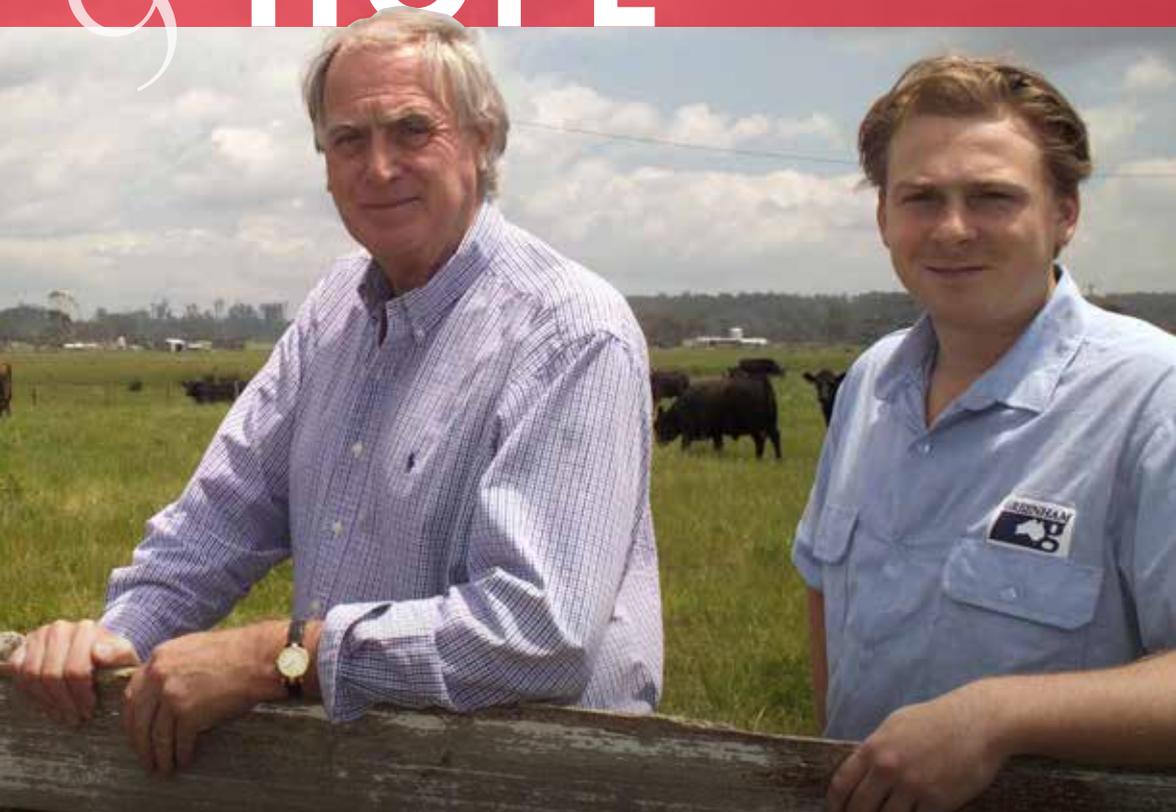


# HEALING & HOPE

SPECIAL EDITION



**HOW A GIFT IN YOUR WILL TO CABRINI  
CAN CHANGE THE FUTURE OF HEALTH  
AND HELP SAVE PRECIOUS LIVES**

How to update your Will – tips inside

## **INSIDE:**

Peter Greenham Jnr talks about his dad's  
"healthcare legacy" to the people of Victoria

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# WELCOME



Welcome, this special edition of *Healing & Hope* is dedicated to an area of the Foundation's work that we have perhaps not spoken to you about often enough; legacy giving.

I say that for two reasons. Firstly, because gifts left to Cabrini in people's Wills are becoming more and more important to the future of the hospital and its ability to carry on providing the very best in healthcare to this community.

And secondly, because all of us reading this today belong to a very special group of people. We grew up with Cabrini as part of our history, and were raised on our parents' values, yet we have as a generation, created and enjoy more wealth than they ever did.

As such, many of us feel an instinctive need to give back, to honour the values we were raised with, and to play

our part in passing something important on to future generations.

The joy of being able to leave a gift in one's Will to a cause one cares about is the culmination of these two things: the values we hold dear, and a vision for making a difference.

In the pages of this issue of *Healing & Hope* there are stories about people, some of whom you'll know, who have been inspired to act on their passion. To honour their values in a way that will benefit our community, long after they have passed on.

I hope you enjoy reading their stories as much as we have enjoyed sharing them with you.

Thank you so much.

*Sue C Parkes*

**SUE PARKES**

Director, Cabrini Foundation

**COVER IMAGE:** Peter Greenham Jnr pictured with his father Peter Greenham Snr who passed away last August. Peter Snr's generous and visionary legacy will help build the innovative new Cabrini Cancer Institute for cutting-edge cancer research.



Dr Maureen Mackay

## IN MEMORY

# How an amazing woman's past is CREATING AN AMAZING FUTURE FOR OTHERS

**The first in a new series of *Healing & Hope* articles in which we remember and honour the lives of dear friends of Cabrini. In this issue: Dr Maureen Mackay.**

In life, Maureen dedicated her career to continually improving medical knowledge. In death, through a gift to Cabrini in her Will, she left a legacy dedicated to the same ideal. Maureen's nephew John Delohery, shares his insights into her amazing life:

"My Aunt, Maureen Florence Mackay, was born in 1927. Her father, Dr Henry Delohery died of a heart attack just 12 days after Maureen's birth, but she shared a happy childhood with her two older half siblings, James and Patricia Delohery.

Educated in Sydney, Maureen enjoyed an incredible career spanning across both the United States and Australia.

Maureen had a passion for education, in particular Chemistry, and was the first woman ever to be appointed to the Physical Chemistry staff at La Trobe University, where she lectured for the rest of her career.

After receiving treatment for colon cancer at Cabrini in 2013, Maureen was moved to include a percentage of her estate to Cabrini in her Will, and requested that part of it be used for nursing education.

She would be proud her legacy is helping Cabrini's aged patients with complex medical conditions to receive exceptional treatment and care through the funding of a new Clinical Support Nurse position at Cabrini."

**Thank you Maureen. Your passion for knowledge and education lives on in our hearts, and in the wards and treatment rooms of Cabrini.**

## REAL VISION

# The lifesaving power of a GIFT IN YOUR WILL

**Legacies are set to become increasingly important to the future of Cabrini. Legacies are also a very powerful way for people who care about this community to safeguard the health of our future generations.**

Most people go through life focussed on the here and now, living very much “in the moment”. Some look further. The visionaries think beyond their own lifetimes.

Some people within the Cabrini family, former patients or their loved ones for example, often do this by leaving a gift in their Will to the hospital. People like Leslie Alfred Shapland, who was a patient here in 2008.

Leslie wanted his legacy to Cabrini to go to cancer research, and his very generous gift was used to help fund the cutting-edge Cabrini Family Cancer Clinic for several years.

**You could say, that his vision saved Toni Brandie's life.**

Just a few years ago, Toni was a healthy, active aerobics instructor, going about her life. But then, after being diagnosed with polyps in her bowel, Toni came into the Cabrini Family Cancer Clinic for screening.

This revealed an inherited condition that meant she was at very high risk of developing bowel cancer. So high, that she needed to have a total colectomy – the removal of her large intestine – to ensure she would not get bowel cancer.



Toni Brandie with her son Karl celebrate his graduation day

**That's how Leslie's legacy saved Toni's life.**

It's also saving countless other lives too. In fact, Toni's 19-year-old son Karl tested positive for the same gene mutation at the Family Cancer Clinic too. The risk to his life was so high that he also underwent surgery.

Without Leslie's vision, both Toni and Karl would have been in very real danger; but now they are safe.

That simple thought today of “yes, I will include a small percentage of my estate to Cabrini in my Will” can save countless lives tomorrow. Even the lives of those we know and love today.

**If you would like to find out more about how your vision for healthcare excellence can live on through a gift in your Will, please contact Natalie Sikora on (03) 9508 1376 Email: [nsikora@cabrini.com.au](mailto:nsikora@cabrini.com.au)**

*“I was devastated and scared, but Cabrini were really amazing. Without the Family Cancer Clinic there to get those tests done I don't know where I would be now. I would have never known I carried this gene. I could have ended up with bowel cancer.”*

**TONI BRANDIE**

## BUILDING FOR THE FUTURE

*“Dad really wanted to leave his mark in*  
**A WAY THAT WOULD**  
**HELP OTHERS”**



Peter Greenham Jnr pictured with his father Peter Greenham Snr



**Peter Greenham Snr – a visionary man whose legacy lives on forever**

one. “Dad’s always been philanthropic,” says Peter Jnr. “But he really stepped it up.”

A businessman all his life, and a very successful one too, Peter Snr always understood the value of bricks and mortar, and he very much wanted his legacy to be built of solid stuff too. For this reason, Peter specified that his bequest be used to help build the Cabrini Cancer Institute.

**Peter Greenham Jnr, Managing Director of HW Greenham & Sons, talks to Natalie Sikora about his father’s legacy of healthcare to the people of Victoria.**

When Cabrini recently pledged to develop one of Australia’s leading cancer institutes, we knew we had our work cut out. We knew we would need the committed and loyal support of our many true friends and supporters to make it happen.

One of them was Peter Greenham, who contacted us while he was still undergoing treatment here at Cabrini for pancreatic cancer.

*He knew that his time was limited, but he wanted to put in place a legacy that would really count; something that would give back for everything he felt he and his family had received at Cabrini.*

As his son, Peter Jnr told us: “Towards the end, Dad looked back and realised he’d had a blessed life. He wanted to help out the organisations that had helped him, or given him a better life, which is where Cabrini came in.”

Of course, Peter had been a very generous supporter for many years. But the gift he left to Cabrini in his Will, was an exceptional

*“Dad really wanted to leave a mark,” says Peter Jnr. “He was quite specific that he wanted the money to help Cabrini grow for the future. To build something that would be there for generations to come, helping out other people in the same situation he’d been in.”*

Peter passed away in August last year, and his legacy is already going to work to turn the vision for a cutting-edge cancer research centre into reality. It’s only a matter of time before we break ground.

“I’m very proud of what he’s done,” says Peter Jnr. “It’ll really be something for future Greenhams to look back on and say: “look what great-great-grandpa did. I think it’s amazing, and can really do some good in the community.”

**We couldn’t agree more. Thank you, Peter Greenham Snr. Your legacy will be built in bricks and mortar and in cutting-edge research, better outcomes for patients and more lives saved.**

## GIVING BACK

*“Cabrini saved my life. This is my way of **GIVING SOMETHING BACK,**” says a very grateful grandmother*

**Neville and June Smith have a long and close relationship with Cabrini hospital dating back to childhood.**

Cabrini has played a huge part in both Neville and June Smith’s lives. Neville grew up in a house on Winter Street just a few doors down from the old hospital in Malvern, and remembers his father being treated by the nuns there when he was a boy.

Neville’s father was a patient at St Benedict’s, as it was in the 1940’s, and both June’s father and Neville’s were treated at Cabrini, right up until their final days.

But they have a very personal reason for why they are leaving a gift to the hospital in their Wills.

“Cabrini is really special to me,” says June. “It’s my favourite charity. And I volunteered there for 40 years after recovering from bowel cancer in 1979.”

After her treatment and recovery, June became a founding member of the Ostomy Association which first operated from a small room on the 4th floor at Cabrini Malvern.

Yet June found she still wanted to do more, and so included Cabrini as a beneficiary in their Will. June and Neville have continually shown their commitment and support for Cabrini, most recently through their generous gift to the Cabrini Gandel Wing appeal.



**Neville and June Smith enjoy the company of fellow supporters at the Cabrini Foundation annual Legacy luncheon**

*“Cabrini saved my life and gave Neville and me another 40 years together. Precious years watching my children and grandchildren growing up. A gift like that is priceless. So leaving a bequest to Cabrini is the least I can do. It’s just my way of saying thank you and giving back.”*

**JUNE SMITH**

**Thank you Neville and June for your enduring loyalty and support. And thank you to everyone who chooses to include a gift to Cabrini in their Will.**

## LOVE LIVES ON

**“THANK YOU FOR WATCHING OVER MY BELOVED JACK”**

**Jack and Sheila Jenner’s great adventure together began in 1965 when they set sail for Australia. Some might say it never stopped. Here 94-year-old Sheila shares her story:**

“After my marriage to Jack in England, we decided to take a big leap forward and sailed to Australia in 1965. We were amazed at the vastness of such an ancient land.

We were welcomed by my father’s brother and his wife and some of my numerous cousins. Jack spent most of his working life specialising in the area of supply and purchasing, where he developed considerable expertise and skill, and eventually retired as a self-employed consultant on various major projects.

We loved living in Melbourne, “a Cathedral City”, and I became an employment officer for a secretarial college, and then followed a secretarial career until 1986.

I can truly say that our marriage was one made in heaven, but sadly, Jack later contracted bone cancer, and after caring for him for five years, he eventually died in 2006 in Cabrini Hospital.

There he received great care and urgent attention. I shall always be grateful to Cabrini for watching over my beloved Jack.”

*“That inspired me to leave gift in my Will to Cabrini. That was how much I appreciated the loving care that Cabrini took in looking after Jack. And I hope that this gift will make a difference in every way with health conditions there.”*

**SHEILA JENNER**



**Sheila Jenner is using her legacy to fight bone cancer**

## LASTING LEGACIES

## A family tradition of service and philanthropy BRINGS JOY TO A PROUD NIECE

Amanda Marshall is a Palliative Home Care nurse at Cabrini. Here she shares the story of her Aunt Margaret who left a gift in her Will to Cabrini.

Miss Margaret Littledale Tutton and her sister Betty both chose nursing as their careers. For most of their lives they lived in Hawthorn with their brother Jack, caring for him through his ill health until he moved into Cabrini Residential Aged Care in Ashwood, where he passed away aged 89.

Sadly, Betty who never remarried after her husband died in active service in WWII, died just a fortnight after Jack, leaving Margaret to cope with a double tragedy.

The family came from a background of service and community spirit, their parents were great contributors to their church and schools. Their tradition of service lives on in Margaret's inspiring bequest towards a new bus for residents at Ashwood, and five Virtuoso mattresses for patients at Cabrini Prahran Palliative and Supportive Care.

"Auntie Margaret never had a nasty word to say about anyone," says Amanda. "She was a devoted nurse and devoted younger sister of Auntie Betty and Uncle Jack. When Uncle Jack lived at Ashwood they visited him always taking treats baked at home. They did his washing and everything was ironed!"

The residents, staff and volunteers at Cabrini Residential Aged Care shared the joy of a special blessing of the new Cabrini bus



Miss Margaret Littledale Tutton

After Jack and Betty died, Margaret stayed at the house for some years, but then her health declined. She required open heart surgery and was a patient at Cabrini Malvern. Auntie Margaret passed away peacefully at Cabrini Prahran.

*"Auntie Margaret was so grateful for the care her brother received at Ashwood. She would be pleased that her gift is making a real difference in the lives of others. It's fantastic, because it's something as a nurse myself that's important to me too", says Amanda. Seeing how her legacy lives on and the difference she is still making for the most vulnerable, makes me feel enormously proud."*

AMANDA MARSHALL

## HOW BOB, A QUIET, FRIENDLY BLOKE left his lasting legacy

Bob (Robert) Mackey worked hard all his life. As a repetition engineer he owned a factory in Bay Road, Sandringham, manufacturing small components for the automobile industry.

In later life, Bob was treated for cancer at Cabrini until his final days. Bob had no children, but his memory and his values live on thanks to the bequest Bob left in his Will to Cabrini.

Bob's gift helped fund a new rehabilitation ward at Cabrini Brighton. The Ground South unit boasts 15 rehabilitation beds, a purpose built gym and an occupational therapy area. His gift is also impacting treatment for oncology patients, through the purchase of new Day Oncology treatment chairs.

"Bob was a much loved, quietly spoken, affable and friendly bloke that had time for everyone," said close friend and factory neighbour Peter Hickey.

72-year-old Margaret Burrows had just moved into a retirement village when she tripped over a mat and broke her femur. Margaret spent months at Cabrini Brighton during her three rehabilitation stays.

Margaret couldn't be more grateful to Mr Mackey for his gift.

*"The whole unit is wonderful and the extension to the gym is fantastic. As people get older this is the type of facility we need. I can't speak more highly of it. I think people who give are marvellous. I say thank you very much indeed, you got me on my feet!"*

MARGARET BURROWS



## LEARN MORE ABOUT LEAVING A GIFT IN YOUR WILL

### MY DETAILS ARE:

Title: \_\_\_\_\_ Name: \_\_\_\_\_

Surname: \_\_\_\_\_

Address: \_\_\_\_\_

Suburb/Town: \_\_\_\_\_

Postcode: \_\_\_\_\_

Phone: \_\_\_\_\_

Email: \_\_\_\_\_

Preferred contact time: \_\_\_\_\_ am \_\_\_\_\_ pm

### I AM INTERESTED IN:

- Free Cabrini Foundation Will Planner
- Free Gifts in Wills booklet
- Free seminars with estate planning experts
- A list of recommended Wills and Estate specialists
- I have already included Cabrini in my Will

To receive our free Will resources to help you make or update your Will, please complete this form and mail to:



### Natalie Sikora

Planned Giving Manager  
Cabrini Foundation  
183 Wattleree Road  
Malvern, VIC 3144

Or call Natalie Sikora on her direct line now:

Tel: (03) 9508 1376

Email: nsikora@cabrini.com.au

## THANK YOU



**Sue Williams**  
Chief Executive  
Cabrini Heath

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*"I feel deeply privileged to be leading this outstanding healthcare facility into the future, with you alongside me. On behalf of all staff, doctors and patients at Cabrini, I sincerely thank you for considering this precious gift."*

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W: [cabrinifoundation.com.au](http://cabrinifoundation.com.au)  
ACN: 108 515 073 | ABN: 33 370 684 005

## HOW YOUR LEGACY WILL MAKE A DIFFERENCE FOR FUTURE GENERATIONS

Cabrini Foundation raises essential funds to support the purchase of medical equipment, research, education and innovative infrastructure at Cabrini. Gifts in Wills are critical to ensure Cabrini can continue to provide a wide range of vital healthcare services as well as developing the next generation of healthcare professionals.

Making your Will is one of the most important things you can do in your lifetime. Your Will is the legal document you use to direct how your property and assets are to be divided when you pass on. Once you have taken care of your loved ones, a gift in your Will to Cabrini is a powerful way you can help others in your community and join us in our life-changing work.

Many people find the thought of making or changing their Will overwhelming. Cabrini has published *Your Guide to Planning Your Will*. This booklet is a tool for you to document all your financial and legal affairs in preparation for briefing your Solicitor to prepare or update your Will.

*To receive your FREE copy, tick the box on your response form, or call Natalie Sikora, our Planned Giving Manager on: (03) 9508 1376 or email [nsikora@cabrini.com.au](mailto:nsikora@cabrini.com.au)*

