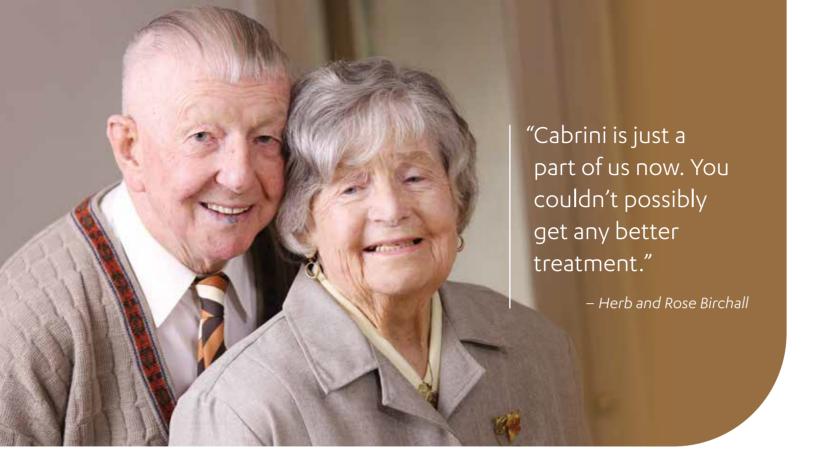


If you could...

discover the special joy of leaving a legacy to a cause you share a deep connection with



If you could...

When Herb and Rose Birchall first laid eyes on each other across a crowded dance hall in 1945, they knew they'd be together forever. And they were right.

Through thick and thin, good times and bad, sickness and health, Cabrini cared for them both on dozens of occasions, and they were proud to drive all the way from the Mornington Peninsula for what they felt was the best treatment in town.

Herb passed in 2018. Rose followed in 2019. They had no children, but they loved Cabrini like family. And today, their memory and love for each other lives on forever in the gift they left to Cabrini in their Wills.

Their legacy will ensure others in the community will continue to receive the best treatment and care for years to come.

... give back forever

Your legacy

for future generations

There is something special about Cabrini.

My personal connection with Cabrini is very long, I had my two children here and it is where I worked as a nurse in the Intensive Care Unit in the 1990s. Cabrini Malvern is my local hospital, so I have a vested interest in making sure the organisation works at its best.

I think we can all agree, the world has changed in ways none of us could have anticipated.

And Cabrini must change too. More than that, we must lead the change.

We must build a hospital not just fit for the future ... but fit to adapt to any situation.

We are committed to recruiting the best medical and nursing staff, continuing to upgrade our facilities, purchasing the best equipment, and growing research and training.

Our patients are at the centre of our care. The establishment of the new Cabrini Cancer Institute will further improve and deliver better health outcomes for our cancer patients and their families.

Today, I feel deeply privileged to be leading this outstanding healthcare facility into the future, with you alongside me. It is very humbling when you choose to support Cabrini through a gift in your Will for the benefit of future generations.

Leaving a gift in your Will to Cabrini will change lives. On behalf of all staff, doctors and patients at Cabrini, I sincerely thank you for considering this precious gift.

Regards

Sue Williams
Chief Executive
Cabrini Health



Francis Galbally has never forgotten the extraordinary compassion and care given to him and his wife Caroline, when she received cancer treatment at Cabrini for five years.

Sadly, after battling breast cancer for 26 years, Caroline passed away in 2014. Francis more recently experienced Cabrini care first-hand after a car accident, which left him with a broken back. The consistency of the care he witnessed has inspired Francis to leave a gift in his Will to Cabrini.

If you could...

Having gone through what I've been through, both personally and through my experience with my late wife Caroline, I now have an incredible emotional attachment to Cabrini. I'm sure other people do as well.

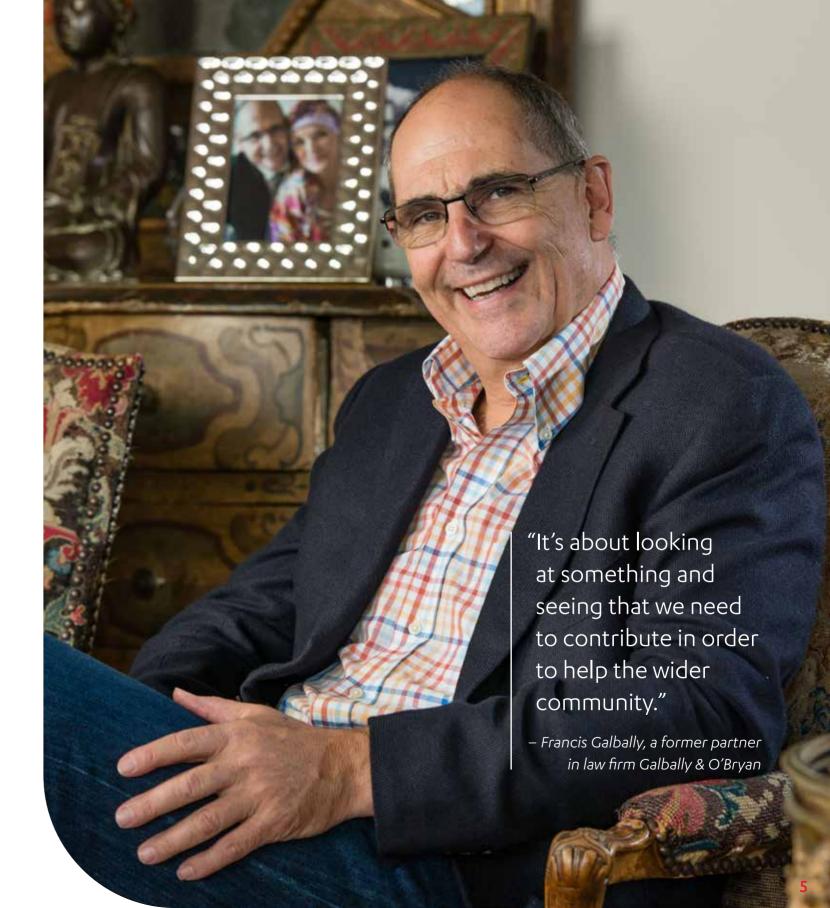
The one thing about Cabrini that has stood out for me, is the consistently high quality of care that you get from everybody you interact with throughout the organisation. The nurses. The medical practitioners. The surgeons. The administrative staff. I think that's unique. And it is quite an extraordinary thing for a hospital to achieve and keep on achieving over many years.

If I could, I'd preserve that forever. And it's nice to think that the bequest I've left in my Will to Cabrini will go some way to doing that.

I don't know where it comes from. Maybe from the philosophy the Cabrini Sisters embedded in the hospital when it was founded, and it's just flowed down through the years. But it's extraordinary to see.

Of course, funds will always need to be spent on other important projects, like updating medical equipment, refurbishing the rest of the hospital up to the standard of the Gandel Wing, and on research. But for me, the people are the most important thing. Without the people who give you that unique Cabrini care, it wouldn't be Cabrini.

... preserve what you love



Pauline Baxter and her husband Tony Touzeau were both treated for heart attacks and related cardiac problems at Cabrini.

After Tony passed away, Pauline wanted to give back to the hospital that meant so much to them both. In particular, she wanted to help train and educate nurses with a demonstrated interest in the care of acutely ill patients with cardiac disease, in memory of her husband. Pauline has left a gift in her Will to establish the *Touzeau Baxter Nursing Scholarship*.

If you could...

Cabrini saved both our lives and gave us another six wonderful years together.

Tony was treated at Cabrini so many times with heart conditions, and so was I. And the care and support we received was second to none. I think it's the excellence of the nursing staff that always stood out for us.

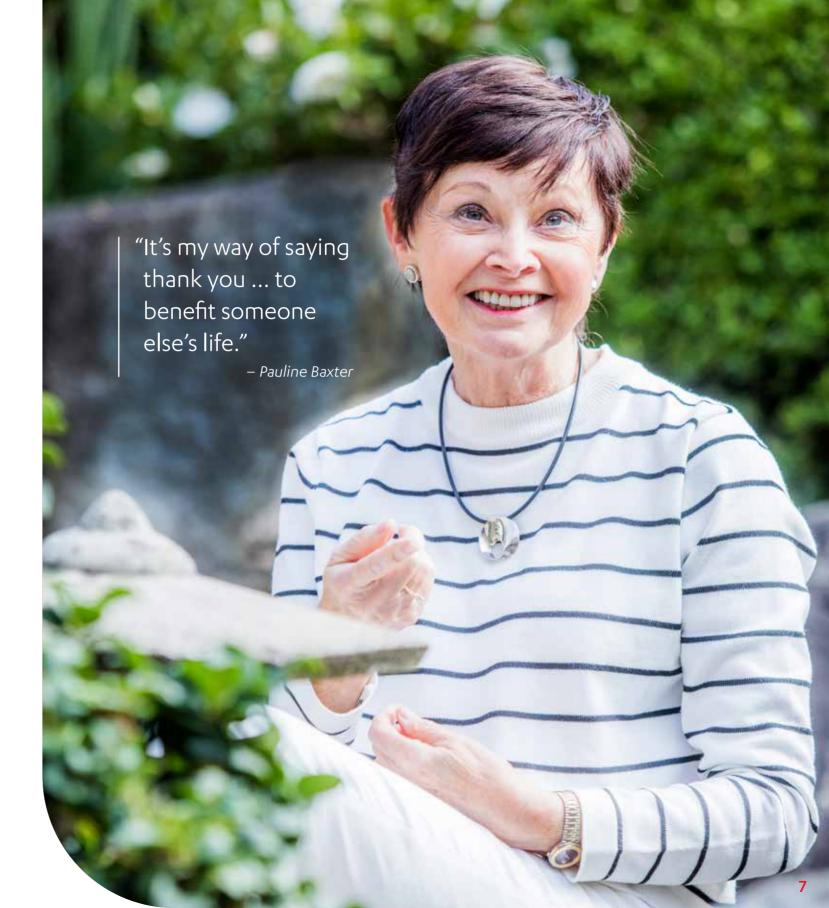
Both my husband and I had to do our education the hard way. We both came from poor families, so we both valued education. The education I received was invaluable and I want to give other people the same opportunity through a bequest in my Will.

The scholarships will not only ensure my values live on, they will help other people to achieve their goals, and I think that's important.

It makes me feel much happier knowing that anything I bequeath in my Will goes to something useful, to benefit somebody else's life. And ultimately, because they're educational scholarships, the nurses who receive them can help other people through what they have learnt.

I firmly believe that if you can help someone else along the way, if you can change people's lives, do it.

... let your values live on



Our past ...

You've inherited a long history of caring, with deep roots in our community

They came from the other side of the world. They didn't speak our language. They didn't know us or our history, but Mother Cabrini's nuns crossed the world to care for us nonetheless. In 1948, ten dedicated Sisters travelled from Rome, arriving in Melbourne to operate the small St Benedict's Hospital in Coonil Crescent, Malvern.

They showed us a new kind of compassion. A philosophy of healthcare rooted in humanity and kindness. And they sowed the seeds of a community spirit that lives to this day, more than 70 years later.

Mother Cabrini asked: "what can I do for others?"

A gift in your Will keeps that spirit alive. You are not just part of the community – you are the roots that keep us grounded in the values of Mother Cabrini's original mission.

You connect our past to the future, which future generations will inherit from us. You embody the spirit of Cabrini. And through a gift in your Will, you are its guardian too.



Our future ...

The world is changing, Cabrini must change too

Much has changed in our world today, in ways that none of us could have imagined.

Healthcare needs in our community are evolving rapidly. While the award-winning Cabrini Gandel Wing is a clear step forward in amenity, the high standard of care and comfort our patients can expect to receive remains consistent across all six healthcare facilities.

We are progressively upgrading older parts of Cabrini and increasing the number of private rooms for an improved patient experience.

A new world-class Cancer Institute and a Wellness Centre will be built at Cabrini Malvern to keep Cabrini at the forefront of research and clinical education.

Your legacy today will ensure Cabrini's compassion and care, research, refurbishment, new facilities and equipment will continue to deliver life-changing services for the people who need it tomorrow and beyond.



Our future...

Your legacy will reflect the values you want to pass on. Just look at some of the important ways you can invest in our future with a gift in your Will:

Critical Research and Education: No area of medical endeavour can match the power of research to save lives and improve medical outcomes. If you are inspired by cuttingedge breakthroughs that push the boundaries of medical science, you may wish to fund one of the many unique and exciting fields of study Cabrini is exploring.

New Facilities designed for purpose: Our award-winning Cabrini Gandel Wing provides an exceptional patient experience. Our goal is to bring the rest of Cabrini up to the same standard of excellence. Or you may choose your legacy to fund our critically important infrastructures, like the soon to be built Cabrini Cancer Institute at Malvern.

State-of-the-art Equipment: Cabrini has ambitious goals. Chief among them is the provision of the very best in world-class care. Our people are our greatest asset, but to give their very best day-in, day-out, they must have the very best equipment and technology at their fingertips. Your legacy can live on in their hands.

Endowment Fund: An endowment is a powerful way to care for the community in perpetuity. It is also a way to have your name – or someone you love – honoured forever. An endowment can be established as a gift in your Will, and be directed towards an area of your choice.

... is in your hands





If you could...

"There are some incredibly exciting programs taking shape at Cabrini. All of them are visionary, ambitious and challenging. They can only happen with the support of our community."

Professor Gary Richardson OAM, Director
 Cabrini Institute and Medical Research

No matter what you do, if you have research programs that can be translated into treatment and care, patients will live longer lives with less pain and discomfort and shorter recovery times.

People often say to me, "what can I do to help?" And so I tell them about our innovations and let them know they can leave a legacy in their Will to Cabrini.

If people are interested in furthering development of treatments, this a really good time to give to research. We know research improves patient outcomes across the board. Cabrini currently has more than 120 active trials, this means our Cabrini patients can get access to new drugs earlier.

Cabrini is the second largest provider of cancer services in Victoria, diagnosing 10 per cent of cancer patients in this state. We admit 6,000 cancer inpatients and treat more than 23,000 day oncology patients each year. We have amazing expertise, our multidisciplinary teams include surgeons, oncologists, radiation oncologists, nurses and data support.

We place our patients at the centre of our care – the **Cabrini Institute** has been at the forefront of research and medical education for more than 20 years.

The new **Cabrini Cancer Institute** will further improve outcomes for our cancer patients and their families. Its innovative, multidisciplinary approach to cancer care will support patients throughout their entire cancer journey, ensuring they are provided holistic care. It will also bring together researchers and clinicians, allowing them to collaboratively drive research, translate findings into clinical practice and ultimately deliver better health outcomes for patients.

... lead the way

10 11



If you could...

Belinda Lim was only 40 years old when she died of oesophageal cancer at Cabrini Palliative Care. But Belinda's foresight and compassion for others at such a young age is helping to save the lives of thousands of patients.

In her Will, Belinda included a generous bequest to Cabrini for equipment and research. Her gift funded the new high-tech Zeiss Kinevo 900 microscope for neurosurgery, and will also support future cancer research.

Hundreds of Cabrini patients have already benefited from the pin-point precision in their surgical treatments. Surgeries for brain tumours, pituitary tumours, and many complex spinal conditions, are performed with advanced visualisation and greater patient safety.

"It's amazing what Belinda has done, the microscope has been an absolute game-changer for us. It provides the highest quality illumination and magnification, which is the highest level that's available in the world right now," said Neurosurgeon Dr Tony Goldschlager.

Belinda's gift to fund advanced technology equipment has placed Cabrini at the forefront of neurosurgery in the world and is helping to save countless lives.

...make an impact



"Belinda had such a kind and loving heart, she would love that her gift is making an impact and helping to save other people's lives."

– Scott Beaumont, pictured with his late partner Belinda Lim who left a generous gift to Cabrini in her Will

Doug MacDonald grew up during the Great Depression and World War 2.

Spurred on by those tough times, Doug and his wife Carol were determined to achieve success. Doug developed two car yards: Courtney & Patterson and later Lanes Motors in Frankston.

If you could...

I was born in an era when it was a struggle to survive. There was hardly any healthcare, and you couldn't afford to go to the doctor.

I reckon I've been to Cabrini about 20 times. I like it here. The people at Cabrini are the only people I've trusted in my life while growing up and needing help. I wouldn't go anywhere else.

That's why I'm using my Will to support the development of Cabrini. We need to be investing. I want to see the hospital get bigger and bigger, and be as efficient as it can be.

...build the future





Can I choose how my gift to Cabrini is used to help others?

Certainly! We understand you will have special reasons for wanting to leave a gift to Cabrini to help others. You may be interested in cancer care, or research, in refurbishing the hospital, or purchasing new equipment. If you prefer, you can allow Cabrini to direct your help where it's most needed.

How can I make sure my Will reflects my personal values?

When you make your Will, you should always care for your loved ones first. You can then leave a gift for Cabrini in a way that you feel best reflects your personal values.

You can discuss this with us, however we also strongly recommend you consult a solicitor to make sure your Will achieves what is most important to you.

Should I let Cabrini know I have planned a gift in my Will?

Yes please! That way we can thank you properly, and share with you our ambitions to be the best for others, no matter what it takes. You will also become part of a special community of likeminded philanthropists, receive invitations to special events, and updates on developments the hospital is undertaking. Of course, if you prefer your privacy, we understand completely.

What do I do next?

This booklet is sharing the feelings others have expressed about leaving a gift in their Will to Cabrini. Our adjoining insert explains how you can express your thoughts and feelings about this rewarding act of kindness too. If you would like to discuss the impact you can make at Cabrini, please call Natalie Sikora on (03) 9508 1376 for a confidential chat, or email: NSikora@cabrini.com.au

... join us in this life-changing work with a gift in your Will to Cabrini

Your Legacy for the future

Thank You

W cabrinifoundation.com.au T (03) 9508 1380 181-183 Wattletree Rd Malvern VIC 3144 ABN: 33 370 684 005



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