

CABRINI FOUNDATION  
ANNUAL REPORT

# 16-17





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US

## ABOUT THE CABRINI FOUNDATION

The Cabrini Foundation actively fundraises to support the specific funding needs of Cabrini.

Established in 2011, the Cabrini Foundation provides an important link between Cabrini, our donors, supporters and the wider community. Our donors provide financial support through the Cabrini Foundation to invest in new technologies, conduct research throughout Cabrini and to develop new patient services.

Cabrini is a charitable institution and does not rely on government or church funding.

Donations to support Cabrini's work come from a range of valued sources – from members of the local community, groups, corporate partners, trusts, foundation and people who leave a legacy or gift in their will.

The 2016-17 year was a period of growth for the Cabrini Foundation in which it raised a record \$8.7 million.

Donations to the Cabrini Foundation are used to directly benefit our patients and make a difference. It has been an honour and a privilege for Cabrini to recognise their valued support and their generous gifts.

care



## Thank you to our donors and supporters

**Sylvia Falzon, Chair, Cabrini Foundation Board**  
**Sue Parkes, Director, Cabrini Foundation**

→ We started 2017 with a challenge ahead of us: to raise much needed funds for Cabrini's new clinical building, now known as the Gandel Wing, in recognition of our major Patrons, Pauline and John Gandel AC.

We have been delighted at how well the campaign has been received by our community and have appreciated receiving some very thoughtful and generous gifts in these early stages of the campaign. Two highlights related to this project were:

- the ground-breaking ceremony in May and announcement of Pauline and John Gandel AC as principal donors
- the dedication of our Emergency Department in the names of Alan, Ada and Eva Selwyn with an emotional service for the family and their friends

We were so moved to hear Mrs Ada Selwyn say that this was the happiest day of her life.

Being part of the fabric of the community, we have regular opportunities for contact and conversation with local residents of Stonnington and more broadly – many of whom are staff, doctors, patients and donors. It has been wonderful to hear how excited everyone is about our new hospital wing and the great services and facilities that will be available there.



*Above:  
Bowel cancer survivor Jean Gamon  
(94) was a guest of honour at the  
Let's Beat Bowel Cancer Golf Classic,  
speaking about her experience of  
diagnosis and cure.*

At the Cabrini Foundation, we are constantly asked about how construction is progressing. As we move into 2018, we are pleased that everything is on track. People are very generous and very supportive and there is a sense of great anticipation about the new project.

The past 12 months have also seen significant in the growth of the Cabrini Foundation with new staff onboard and a record fundraising effort from the team. We are proud of these great results and incredibly grateful to all our generous donors for their passion and generosity. Over 2016-17, we hosted a series of events providing the Cabrini Foundation Board and staff with opportunities to meet new donors and expand the supporter network. It's rewarding to have the opportunity to get to know our donors better, having spent time with them at events, in conversation at our hospitals and in the community.

The Let's Beat Bowel Cancer (LBBC) Fundraising Committee chaired by Geoff Stansen enjoyed yet another very successful year. The LBBC Gala Dinner in February 2017 was a highlight, shining a light on the issue of bowel cancer testing and raising much needed funds for further research. We would like to thank the

Committee for its hard work both at the dinner and the LBBC Golf Day in October 2016.

Our thanks also go to the Heartbeat Cabrini Committee of dedicated volunteers and fundraisers. We often see them selling raffle tickets in the Cabrini Malvern foyer, but it is their work providing direct support for our cardiac patients for which we are truly grateful. Recently Heartbeat Cabrini marked three decades of service, a remarkable milestone, not to mention raised more than \$2m for cardiac care at Cabrini. We value their support as volunteers, donors and friends of Cabrini. They are an integral part of the Cabrini community.

Our thanks to our more than 40,000 supporters who have such an impact on Cabrini's work and inspire all of us on towards great achievements. Over the past 12 months, your generous donations have been used to fund

- the scribe project in our Alan, Ada and Eva Selwyn Emergency Department
- the development of a dedicated dementia care team
- more than \$300,000 worth of scholarships to the Cabrini Institute for research and education



*Our thanks to our more than 40,000 supporters who have such an impact on Cabrini's work and inspire all of us on towards great achievements.*

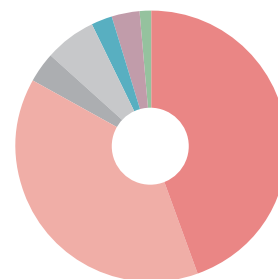
- \$400,000 to support genetic cancer research being led by Associate Professor Gary Richardson OAM
- the purchase of vital equipment at Cabrini Malvern and Brighton hospitals

A heartfelt thank you to colleagues on the Cabrini Foundation Board, Cabrini's Board of Directors, staff and volunteers at the Cabrini Foundation.

A particular thank you to David Curtain QC who has taken on the role of Chair of the Capital Campaign. We appreciate his dedication, commitment and leadership.

We are looking forward to what 2017- 18 will bring, and beyond. It will undoubtedly be a challenging and exciting year for us all. We hope that you will continue to join us in supporting the work that Cabrini is doing at our health service, in our communities and across the globe. We embrace the opportunity for renewed energy and passion for what we do. We look forward to sharing this with you.

#### AREAS OF SUPPORT 2016-17



- Capital appeal
- Donations
- Events
- Sponsorship
- Bequests
- Trusts
- Scholarships

# 01

## *How we raise funds*

As a donor to the Cabrini Foundation, your generosity truly makes a difference. Your donations are used to directly benefit our patients and their families, and it makes a difference to their care and experience.



Entertainment at the inaugural gala event held in February 2017 to raise funds for Let's Beat Bowel Cancer, a Cabrini health promotion initiative.





The Cabrini Foundation provides a wide range of opportunities for people to give, using various proven fundraising strategies and activities to help Cabrini improve the health and wellbeing of our community.

Established in 2011, the Cabrini Foundation provides an important link between Cabrini, its donors, supporters and the wider community. Our donors provide financial support through the Cabrini Foundation to invest in new technologies, conduct research throughout Cabrini and to develop new patient services.

Donations to support Cabrini's work come from a range of valued sources – from members of the local community, groups, corporate partners, trusts, foundations and people who leave a legacy or gift in their will. Cabrini is a charitable institution and does not rely on government or church funding. The 2016-17 year was a period of growth for the Cabrini Foundation in which it raised a record \$8.7 million. A highlight was that Cabrini Foundation staff had the opportunity to get to know donors better, having spent time with them at events and in conversation with them at our hospitals. It has been an honour and a privilege for Cabrini to honour their valued support and their generous gifts.

## EVENTS & ENGAGEMENT

We work closely with the local community and our patients to ensure that they are engaged in our work and part of our fundraising efforts. Highlights over 2016-17 included:

### A Royal Affair

The Cabrini Foundation worked with Neville Spielvogel and his family to host a fundraising event at the iconic Royal Arcade in the centre of Melbourne. In 2014, his wife Diane Spielvogel died at Cabrini Palliative Care in Prahran. As a tribute to the memory of his late wife, Mr Spielvogel conceived the idea of using the arcade as the setting for an operatic adventure featuring David Hobson and hosted by Tiffany Cherry. The event recognised the exceptional support provided to the Spielvogel family by Cabrini Palliative Care.

### Love Courage Hope

Love Courage Hope was started by a group of charitable people in the local community who had set up a fund in memory of a family member who had died. After fundraising for many years, the group felt it was time to hand over the fund to Cabrini as the start-up grant for a patient support fund within the Cabrini Foundation. These funds

*Above:  
Entertainment at a special  
fundraising event held at the Royal  
Arcade in Melbourne.*



*Above:  
From left: Cabrini Board Chairman  
Richard Rogers with major donors  
Ada and Eva Selwyn.*

are to be used to support patients who are undergoing financial stress during their cancer treatment. This initiative is already having an impact on patients with brain tumours as they undergo treatment.

### **Capital campaign**

At the time of writing, we are planning an exciting event to publicly launch our capital fundraising campaign for our new hospital wing at Cabrini Malvern currently under construction on Wattletree Road at the corner of Isabella Street. This is a huge undertaking. We are extremely grateful to all those who have already contributed to the campaign with donations and pledges to support the development of these new facilities, which will provide an even better experience for our patients.

It was wonderful to be able to announce the opening of the Gandel Wing and the naming of the Alan, Ada and Eva Selwyn Emergency Department and was a fitting way to close the financial year.

We look forward to involving the whole of the Cabrini community in our fundraising activities over the next two years. Our future patients and their families will benefit greatly from the generosity of our broad Cabrini community.



# \$2.2m+

*has been raised for cardiac  
equipment and facilities*

*Above:  
Donor Charles Tegner at a  
Cabrini Foundation event.*

# \$150k

*Heartbeat Cabrini's commitment to the  
capital campaign for the new Gandel  
Wing at Cabrini Malvern*





### HEARTBEAT CABRINI

In 2017, we celebrated the thirtieth anniversary of the formation of Heartbeat Cabrini. Over this time, the Heartbeat Cabrini Committee and its dedicated volunteers have made an exceptional contribution to cardiac care at Cabrini.

More than \$2.2m has been raised for cardiac equipment and facilities including ventilators, bedside monitors, cardiac-theatre monitoring equipment, pacemakers, a hypothermic kit and a new heart-lung machine.

Recently Heartbeat Cabrini contributed to the purchase of equipment and facilities for Cabrini Malvern, including the da Vinci Si HD surgical (robot) system, the hybrid operating theatre, two cardiac catheterisation laboratories and the purchase of a trans-oesophageal echo probe (known as a TOE probe).

Even more importantly, the anniversary represents three decades of commitment and care for anxious cardiac patients as they undergo treatment. Heartbeat Cabrini volunteers play an important and integral part in the patient experience for people receiving cardiac treatment at Cabrini.

At a celebration held to mark their 30-year milestone, Heartbeat Cabrini announced

its commitment to the capital campaign for the new Gandel Wing at Cabrini Malvern with a pledge of \$150,000 towards the cardiac unit in the new building. This is a significant contribution and will provide us with an opportunity to mark Heartbeat Cabrini's support in the future.

### SCRIBE PROJECT IN THE EMERGENCY DEPARTMENT

Over the past four years, the Alan, Ada and Eva Selwyn Emergency Department has been embedding research into clinical care. The research is led by Dr Katie Walker and invaluable support has been provided by Equity Trustees and the Phyllis Connor Memorial Fund.

We are grateful to these generous donors for their support of the medical scribe project underway in the Cabrini Malvern emergency department. Specially trained medical scribes work to record the notes of consultations and treatment plans, freeing doctors to conduct more patient-facing work. Without the help of a medical scribe, for every seven minutes that an emergency department specialist spends with a patient, they then spend 53 minutes doing follow-up clerical and computer work.

*Above:*

*Pauline and John Gandel AC speaking at a ground breaking ceremony to mark the beginning of construction works at Cabrini Malvern.*



## FUNDRAISING CAMPAIGNS

Our recent tax campaign raised more than \$400,000 to support genetic cancer research being conducted by Associate Professor Gary Richardson OAM and his colleagues. Family cancer clinics provide a service for people who have a family history of cancer, as well as their health professionals. The service is offered to any family members, whether or not they have been diagnosed with cancer. After assessing detailed information about a family history of cancer, these clinics provide genetic counselling and various options for testing and treatment. The success of the campaign has enabled expansion of the clinic and a significant increase in the number of people being tested.

## BEQUESTS

Gifts in Wills are a treasured legacy that play an important part in the growth of Cabrini's fundraising income. In 2016-17, income from bequests amounted to \$211,287 which was almost 5 per cent of Cabrini Foundation's income.

Cabrini is grateful to all who has contributed to the Cabrini Foundation's success in this way.

## CABRINI GIFT SHOP

Each year, we enjoy celebrating the success of the beloved Cabrini Gift Shop. However, after many years of trading and support for Cabrini's charitable works, in 2017 the Cabrini Gift Shop was temporarily closed to allow for development of the new clinical building at Cabrini Malvern now known as the Gandel Wing. This was a sad event for the staff Penny Steele (Manager) and Barbara Summerbell, as well as the volunteers who worked there. There were many memories to share at the volunteer recognition event, as well as tears as staff and volunteers said their farewells. Our patients, visitors and staff continue to miss the Cabrini Gift Shop, its eclectic mix of merchandise and friendly service, and look forward to its reopening in the new building in 2019.

## LET'S BEAT BOWEL CANCER – A HEALTH PROMOTION INITIATIVE

Let's Beat Bowel Cancer is a Cabrini health promotion initiative established in 2001.

Bowel cancer is a leading cause of cancer death in Australia and has one of the highest (and increasing) incidence rates in the world.

*Above:*

*The annual bequestors' luncheon honours individuals and families who leave a legacy to Cabrini in their Will.*





*Above:*

*The Cabrini Foundation hosted a fundraising gala for Let's Beat Bowel Cancer as a tribute to Andrew Florent (1970-2016), a former Australian tennis player and patient who died of bowel cancer.*

# \$400k

*was raised in our recent tax campaign, supporting genetic cancer research*

# 2001

*The year Let's Beat Bowel Cancer, a Cabrini health promotion initiative, was established*



With the high number of adults affected by bowel cancer over the course of their lifetime, the financial impact of the disease is considerable in loss of working life, quality of life, the cost of treatment post-diagnosis and the National Bowel Cancer Screening program. Cabrini is committed to highly innovative research, medical advances and greater public awareness to help patients, families and clinicians beat bowel cancer.

### INAUGURAL GALA EVENT

In February 2017, the Cabrini Foundation hosted its first gala event to raise money for Let's Beat Bowel Cancer. Andrew Florent (1970-2016), a former Australian tennis player and a patient of Cabrini, died of bowel cancer aged 46 and the event was held as a tribute to him. A dedicated supporter of LBBC activities and an ambassador for LBBC, his son Ollie spoke of his pride in his father and his gratitude to Cabrini for his father's treatment. Held at Melbourne Olympic Park Trust's Margaret Court Arena and featuring four of Melbourne's leading chefs – Jacques Reymond, Ian Curley, Todd Moses and Pierrick Boyer – the event attracted some 500 guests. The funds raised went to support LBBC's work in promoting bowel cancer testing across Australia.

### LBBC GOLF DAY

The annual LBBC Golf Classic was again a great success. This year the event was made even more memorable by guest speaker and bowel cancer survivor Jean Gamon aged 94 years. She impressed attendees with her story of resilience and positivity after being diagnosed four years ago with a large bowel cancer and undergoing curative surgery. A highlight of the event was the inaugural establishment and presentation of the Andrew Florent Memorial Trophy ('The Florey') for Best Individual Golfer.

### BREAKFAST OF CHAMPIONS

Des Jackson, LBBC Committee Member and strong supporter of research into bowel cancer prevention, initiated a Breakfast of Champions to raise the profile of LBBC and to fund further research and health promotion activities. Attendees enjoyed breakfast with well-known Australian sports stars including host Todd Woodbridge OAM (Australian tennis great).

Further philanthropic support was gratefully received from:

- The Collie Foundation: Patient Reported Outcome Measures \$40,000 and

*This page:*

*Members of the Florent family were special guests at the Let's Beat Bowel Cancer gala (from left) Oliver Florent, Jai Florent (background) and Rachael Florent.*

*Opposite page:*

*The Cabrini Foundation team: from left (back) Isabelle Oderberg, Natalie Sikora, Peter Mercer, Bronwyn Percival and Susie Santilli; (front) Maxine Miller, Sue Parkes (Director), Carol Taylor and Cameron Smith.*



***“When you’ve got the opportunity to work and raise money you want to have a good time while you do it. And so this day is one of the best you get to be actually involved with.”***

– Todd Woodbridge OAM

Human Organoids \$300,000

- Margaret Walkom Trust: Tissue Micro Array, \$30,000
- Urquhart Charitable Fund: Patient education with a view to expanding uptake of the National Bowel Cancer Screening Program, \$14,490.

A prestigious grant from the Collie Foundation provided the impetus to develop a new focus of research relating to ‘patient reported outcome measures’ (PROMs) that will directly connect with the departments widely adopted colorectal neoplasia data base.

In collaboration with Let’s Beat Bowel Cancer (LBBC), the Cabrini Monash University Department of Surgery continued work designed to improve the health of the Australian community, with respect to bowel cancer treatment and prevention. Thanks to the efforts of dedicated committee members that include Geoff Stansen (Chair), Des Jackson, Andrew Facey, Melissa Monks (new member), Robert Williams (new member) and Sue Parkes (Director of the Cabrini Foundation), LBBC was central to several engagement activities over the year. ●



# 02

## *How our donors' funds make a difference*

From purchasing life-saving medical equipment to expanding and redeveloping hospital wards, our donors' generous gifts have enabled Cabrini to save lives and revolutionise the standards of medical care being delivered in our community.



*Children enjoy the interactive multimedia entertainment experience at the new paediatric ward at Cabrini Malvern.*



The Cabrini Foundation allocates donors' funds according to the donor's wishes, and targets the areas of greatest need within our health service – whether for new patient services, lifesaving medical equipment, vital research, education or training.

### SCHOLARSHIPS

The Cabrini Foundation was proud to facilitate the granting of over \$300,000 worth of scholarships to the Cabrini Institute this year. The scholarship program has grown in strength and allows our donors to have a direct impact on the work of the Cabrini Institute. These scholarships provide opportunities for further study, travel to important conferences or events or the opportunity to undertake advanced training.

Education scholarships help to ensure Cabrini staff are at the forefront of providing the best quality, evidence-based care to our patients and their families. In 2016-17, the Cabrini Foundation with the support of the Cabrini Institute funded more than \$300,000 in grants and scholarships. This is testament to the generous support provided by our donors. The scholarship program has grown in strength and allows our donors to have a direct impact on the work of the Cabrini Institute.

These scholarships provide opportunities for further study, travel to important conferences or events or the opportunity to undertake advanced training. We look forward to expanding the scholarship program over the coming year, including support of some of our international projects.

### ANNUAL HIGH TEA

Each year, the Cabrini Institute hosts a high tea to celebrate the support received by donors and to recognise scholarship recipients. The event highlights the significant impact of these scholarships on the personal and professional development of Cabrini staff. It is a great opportunity for our donors to meet with staff and to develop a deeper understanding of the impact of their gifts on patient care at Cabrini. The generous and loyal support of our donors is extraordinary: for many of our donors, their relationship with Cabrini has been a life journey.

### MEET EVE

This year, major donors Gary and Pam Simonds supported the development of a tablet-based solution for Cabrini's

*Above:  
Cabrini staff and donors mingle  
at the Cabrini Institute's high tea,  
an annual event held to recognise  
donors and scholarship recipients.*

*Opposite page:  
Ian Campbell, Nurse Director of  
Medical Services at Cabrini Malvern,  
pictured in the day oncology unit.*





expectant parents. The app called 'Eve' connects the user to a variety of tools to help monitor the wellbeing of both the mother and baby.

#### **SZALMUK FAMILY SUPPORT**

Thanks to ongoing support from the Szalmuk family, The Szalmuk Family Psycho-oncology Research Unit has continued to achieve clinical research outcomes that make a significant difference to people's lives. This research covers the full cancer experience including diagnosis, treatment, survivorship and supportive care. The research examines psychosocial interventions to support adjustment in people affected by cancer.

In 2016-17, three psychosocial intervention studies were completed. One of these was a trial of meaning and purpose therapy (MaP) for people who have advanced cancer and the other two studies involved the cultivation of self-compassion in individuals diagnosed with non-advanced cancer. Patients who received the MaP interventions perceived new possibilities for their life and personal strength. The Cabrini Foundation and Cabrini Institute give their heartfelt thanks to the Szalmuk family for their continued interest and support.

**\$300k**

*worth of scholarships were granted to the Cabrini Institute*

**3**

*psychosocial intervention studies were completed with the generous support of the Szalmuk family*



Above:  
Cabrini nurse Bridget Gurry with  
patient Bill Cant and a copy of the  
Cabrini cancer diary.



*From its inception, it was hoped that the diary would be a means of empowering patients and their carers.*

#### CANCER DIARY

Prior to committing to a reprint of the popular Cabrini Cancer Diary, Cabrini's day oncology nursing team surveyed 43 patients who had used it to determine how worthwhile it was viewed. From its inception, it was hoped that the diary would be a means of empowering patients and their carers. It was designed to provide them with a communication tool which would enhance their health literacy and enable them to communicate more effectively with healthcare professionals, therefore optimising management of symptoms associated with their chemotherapy. Based on the research, the patient's symptom management section (which uses a traffic-light symptom grading system) was the most used section of the diary, which was gratifying. Most patients surveyed (90 per cent) nominated it as the most useful section. Patients spoke very positively of the value of the diary.

According to Ian Campbell, Nurse Director Medical Services, the patient symptom diary is a "wonderful example of how feedback from patients and their families, combined with the *National Safety and Quality Health Service Standards*, can improve care and assist in improved outcomes for all those participating in patient care and planning".

The staff of Cabrini's day oncology unit wanted to improve their patients' experience by providing them with a communication tool designed to optimise management of their symptoms during their chemotherapy treatment and help them communicate more effectively with healthcare professionals.

The comments we received included:

"At the start I was really nervous, but the traffic lights helped resolve this."

"I used them in the middle of the night and they told me exactly what to do."

"I used the traffic lights because I had mouth ulcers; I knew what to do and it worked."

"Very, very useful."

#### ICU FUNDING FROM JOHN LAIDLAW (OAM) AND BETTY LAIDLAW

Our intensive care team of medical and nursing staff at Cabrini are conducting, and collaborating in, important local and international research projects to provide our patients and families with the best standard of care.

Thanks to the support of John Laidlaw OAM, Cabrini's intensive care unit has

43

*The number of patients surveyed prior to the reprinting of the cancer diary*

90%

*The proportion of patients who found the traffic-light system most useful within the cancer diary*



been able to continue to contribute to various local, national and international research studies. This helps us in providing the best quality, evidenced-based care to our patients. These studies included investigations into blood transfusions in cardiac surgery and reviewing patients who have had in-hospital cardiac arrests and their long-term outcomes. There are many more studies currently at various stages such as a study looking at an appropriate duration of antibiotic use among ICU patients and an early mobilisation of ICU patient's trial in collaboration with physiotherapists. Participation and contribution to these important studies has been possible directly due to the very generous and ongoing support of John Laidlaw OAM and family.

#### **KEEPING THE SMILES ON CHILDREN'S FACES**

The late Lindsay G Quinn's passion to make a difference will live on in the laughter of children. A new high-tech and interactive paediatric ward for children and teenagers was made possible thanks to the foresight of this generous man who included Cabrini in his will.

The technologically advanced paediatric ward at Cabrini Malvern features interactive fun and games that are controlled via infrared sensors and a Kinect sensor located in the play room. Each patient room and the daycare area also equipped with games, Foxtel, Internet TV streaming and Internet radio streaming.

This means that for young patients such as four-year-old Bridgette Jefferson, who travelled with her family from Tasmania for investigative gastroenterology, a hospital stay can be fun experience and take their minds off their illness.

In the words of Nurse Manager Clara Officer: "This gift signifies a lasting, meaningful contribution that impacts the future of our children and the generations that follow".

#### **KEEPING BABIES SAFE IN THE WOMB**

With the generous support of the Estate of Leslie Charles Parkinson, an electronic foetal monitoring system is a reality in Cabrini Maternity's delivery suits. While the late Leslie Charles Parkinson is no longer alive to see his legacy in action, his love of children continues on through the lives he is saving.

*Above:  
Phillips foetal monitoring  
equipment in use  
(photo courtesy Phillips)*

*Mr Parkinson's gift to Cabrini enabled the purchase a crucial electronic foetal monitoring system for the delivery suite, which has been a vital component in delivering safe care to pregnant women and their babies.*

After setting up a trust for the education of his grandchildren, Mr Parkinson divided the residue of his estate between several hospitals caring for children. His gift to Cabrini enabled the purchase a crucial electronic foetal monitoring system for the delivery suite, which has been a vital component in delivering safe care to pregnant women and their babies. Midwives can now view the wellbeing of unborn babies at a centralised desk and doctors can log on to the system remotely. This gift has been critical to making informed clinical decisions during labour and delivery. ●

#### CABRINI DONOR BILL OF RIGHTS

We are a community of care, reaching out with compassion, integrity, courage and respect to all we serve. This is our commitment to our donors, our patients and our community.

All Cabrini patients are invited to receive information from the Cabrini Foundation.

If they choose to contribute they become a valued donor to Cabrini and will:

- 1) Be informed of the Cabrini Foundation mission and of the way Cabrini intends to use donated resources.
- 2) Have access to information regarding the identity of those serving on the Cabrini Health Board and the Cabrini Foundation Board and to expect the members of the Boards to exercise good governance in their stewardship responsibilities.
- 3) Have access to the Foundation's most recent financial statements.
- 4) Be assured that their gifts will be used for the purposes for which they have been given.
- 5) Receive appropriate acknowledgement and recognition.
- 6) Be assured that information about their donation is handled with respect and with confidentiality in compliance with privacy legislation.
- 7) Expect that all relationships with individuals representing Cabrini will be professional in nature.
- 8) Be informed whether those seeking support are volunteers or employees of Cabrini or hired consultants.
- 9) Feel free to ask questions when making a gift and to receive prompt, truthful and forthright answers.
- 10) Be given the opportunity to participate in the Cabrini family through attendance at donor events or as one of our valued volunteers.





*Four generations of the Simmonds family.*



## Home at Cabrini

Pam and Gary are right at home at Cabrini

**P**am and Gary Simonds have been generously supporting Cabrini for almost a decade as major donors, as well as receiving their medical care. Gary refers to the family's generosity as "one of the best investments we ever made".

"Every time we come in here, it's such a friendly hospital and friendly staff. Pam isn't concerned if she's coming in for a small operation or for something more serious," he says. "You don't look forward to going to hospital, but she's certainly not concerned if she's going to Cabrini."

Everywhere the Simonds go at Cabrini, they are warmly greeted by Cabrini staff. It starts in the carpark, continues through their medical consultations and finishes in the Terrace Café where Pam and Gary regularly stop to for a snack. "We visit all the nurses, we love the food in the Terrace Cafe, we're there quite often," says Pam. "I love the chips in the café. They make the best chips!"

The Simonds family have a number of connections to Cabrini, including their grandson's wife Samantha Simonds, who was a nurse at Cabrini's Brighton and Malvern hospitals, and their two great-grandchildren who were both born at Malvern.

This year, the Simonds diversified their donation to support the development of a tablet-based solution for Cabrini's expectant parents. The app called 'Eve' connects the user to a variety of tools to help monitor the wellbeing of both the mother and baby.

When thanked, Gary says it's a pleasure and an investment for the family to support Cabrini.

"We've had a bit of success in business, and we do help a lot of organisations – Cabrini is certainly one of them. We do it because of the work they do. We appreciate what they do for the community."

The Simonds family continues to invest in Cabrini's future with their annual commitment to the new clinical building, the Gandel Wing. ●





*Pam and Bruce Hocking are supporters of Cabrini Health.*



## Giving back

Bruce and Pam Hocking

**B**ruce Hocking's journey to years of volunteering at Cabrini started when a tightness in his chest stopped him from swimming another lap in the pool.

It was back in 2005 when Bruce was attending his regular weekly swimming training at Monash Aquatic and Recreation Centre in Glen Waverley. Having completed a few warm-up laps, he felt a strange sensation across his chest. Fortunately he was at the shallow end of the pool when this came on. Instinctively, and to his great credit, Bruce took notice of the warning, leaving the pool immediately to get medical help.

Later that same month, Bruce had quintuple bypass surgery. "It was a shock to have heart surgery but a relief to get a second chance," says Bruce. "The quality of care is amazing; I couldn't fault Cabrini's treatment and care."

Just before being discharged home, Bruce was told about Cabrini's volunteer-led cardiac service, Heartbeat. Within a month of recovering, he and his wife Pam joined as committee members.

Within five years, Bruce was elected vice president, then in 2010 was elevated to president.

Heartbeat Cabrini is operated and funded entirely by volunteers, and provides moral support to cardiac patients and their families. Bruce and Pam are humbled to volunteer and are happy to help a good team.

Heartbeat volunteers have some firsthand knowledge – as cardiac patients at Cabrini or as their partners. Cabrini is always grateful for their support.

Fundraising efforts include raffles, an annual golf day and social events like movie and theatre nights. Since 1987, Heartbeat has raised more than \$2m to support cardiac services at Cabrini – a remarkable achievement and a wonderful legacy.

In the broader community, Heartbeat's 300 members improve the understanding of the risk factors associated with heart disease. Pam and Bruce agree: "Cabrini plays a big role in the community". ●



# 03

*Our supporters*





*Sue Parkes, Director of the Cabrini Foundation, provided an update to major donor Patricia Peck during a recent tour of her eponymous building.*

## Our supporters

### COMPANIONS

Aventis Pharma Pty Ltd

Mr John Gandel AO & Mrs Pauline Gandel

Mr Ian & Mrs Linda Gandel

Ms Michelle Gandel

Mr Tony & Mrs Helen Gandel

Heartbeat Cabrini Inc

Mr Alan Jackson AO & Mrs Esme Jackson

Alan Jackson Nursing Research Fellow

Mr John Laidlaw OAM & Mrs Betty Laidlaw

Mr David Mandie OBE

Pfizer Australia Pty Ltd

Merrin Foundation

Nigel Peck AM & Patricia Peck

The Moniek Sambor Family Memorial Research Fund

The Sambor Family

Alan, Ada & Eva Selwyn Family

The Simonds Family

The Stewardson Charitable Trusts

Mr George & Mrs Mira Szalmuk

Szalmuk Family Department of Medical Oncology

Mrs Anne Wollach-Szalmuk

Mr Geoff Szalmuk

Dr David & Mrs Lisa Thurin

Mr & Mrs Joseph & Helena Fröhlich West

Fröhlich West Chair of Surgery

### PARTNERS

Bensons Group of Companies

The Michael & Andrew Buxton Foundation

Cabrini Medical Staff

Lady Patricia Connelly

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## OUR HERITAGE STORY

Francesca Cabrini was born in northern Italy in 1850. Inspired by her deep faith in Jesus Christ, she was a woman of great compassion and courage. She saw her life as a mission to relieve suffering and serve those in need – particularly the poor and excluded. She established health, education and care centres in the USA and Latin America, in Europe and in England, becoming an inspiration to all whose lives she touched. She was the first citizen of the USA to be canonised a saint. At age 30, she founded the Missionary Sisters of the Sacred Heart of Jesus to show God's love for people through their compassionate action in the world. Today their mission reaches around the world, and includes Cabrini Health in Australia.

Our Cabrini story started in 1948, when ten Cabrini Sisters arrived in Melbourne to take over St Benedict's, a small hospital

in Malvern. The journey from Italy took ten days as the plane could only fly during daylight hours. The Sisters thought they were taking over a fully functioning hospital but unfortunately, this was not so. Without losing spirit, they worked hard to equip and make the place presentable so that they could re-open the facility. At the time, Melbourne was not the multicultural city that we know today. People were cautious of these Italian sisters who dressed and spoke differently to the Australian religious of the time. Despite their best efforts, in the first few months there were many complaints about their strange ways. However, the Sisters recognised there were people in need and, with courage and determination; they laid the foundation for the comprehensive healthcare service we have become today.

# 1948

*Ten Cabrini Sisters arrived in Melbourne to take over a small hospital in Malvern and laid the foundation for the comprehensive healthcare service we have become today.*



**CABRINI FOUNDATION**

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